SCHOOL OF SPORT, REHABILITATION AND EXERCISE SCIENCES

Postgraduate taught
Welcome to the School of Sport, Rehabilitation and Exercise Sciences (SRES) within the Faculty of Science and Health at the University of Essex. The school opened on the 1 August 2017 and is the seventeenth School to be established within the University, and the first new School for nearly ten years.

The School integrates the disciplines of Physiotherapy and Sports Therapy with Sports and Exercise Science and Sports Performance and Coaching. Our goal is to become a ‘player’ on both a national and international stage and bring an integration of the different disciplines to create cutting-edge teaching and research programmes, with real world impact. Our aim is to make a difference.

The school is situated on level 3 of the new Essex Sports Arena and has an enviably sized postgraduate room and social space, as well as a fully functioning Sports Therapy Clinic. The purpose-built sports facility houses new and expanded teaching laboratories and dedicated office spaces for all SRES staff, including the main student Office.

Our School has a diverse range of staff reflecting the range of provision we offer. Staff hold academic and professional qualifications which enable them to deliver the highest quality of applied health rehabilitation, sport and exercise science education. We were placed in the top 20% in 2014 for research quality/intensity and in the top 10% for student satisfaction in the recent (2018) NSS survey.

We have two research groups: SPF (Sports Performance and Fatigue) and HEAL (Health Exercise and Active Lifestyles). These groups have international expertise in pacing and competitive performance in middle-distance and endurance sport, training physiology, gait mechanics, biomedical optics, disability and Paralympic sport, performance-enhancing drugs, leadership, social support, green exercise, paediatric exercise science, cardiovascular health and rehabilitation. Members of the teaching team have also attended the Olympic Games, World Championships, European Championships and the Commonwealth Games in sports science and sports medicine support capacities, and other team members currently work at national and international level in various sports.

As a student we are keen that, when you leave our School, you will be highly employable and live by and exhibit the behaviours and values expected of a professional within the work place. Consequently, we will try and keep everything we do relevant to the real world in which you will be seeking employment.

You will have many opportunities to provide views on your experiences and we will provide feedback about the information we gather and how we have responded to your suggestions. I hope you will enjoy the time you spend with us in our School. Whether you are joining us for the first time or re-joining us after your summer break, you have made a great choice coming to the University of Essex. I am confident you will have a very positive experience and we hope you will embrace the opportunity to study in a supportive environment that values critical inquiry and the challenges of delivering sport, rehabilitation and exercise science to the highest standards.

Professor Ian Maynard
Head of School
School of Sport, Rehabilitation and Exercise Sciences
About your Student Handbook

This handbook gives you essential information about your School and the University.

Other helpful sources of information are available at www.essex.ac.uk/myessex and www.essex.ac.uk/students. Our friendly departmental staff are also here to help and you can find their contact details in this handbook.

At our three uniquely intimate campuses we celebrate diversity and challenge inequality. Whatever your background, race or sexual orientation, you're part of a vibrant community that lives, learns and plays together.
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<tr>
<th>Week No</th>
<th>Description</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>48</td>
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<tr>
<td>51</td>
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* NB Graduation - Provisional, subject to change. Graduation dates apply to all three campuses

Please note Examination and Graduation dates may be subject to change
1.1 Term Dates

These term dates will not apply to some courses, please check your course specific handbook.

2018-2019

Autumn Term        4 October 2018 – 14 December 2018
Spring Term         14 January 2019 – 22 March 2019
Summer Term        23 April 2019 – 28 June 2019 (Note: term starts on Tuesday, as Monday is a Bank Holiday)

2019-2020

Autumn Term        3 October 2019 – 13 December 2019
Spring Term         13 January 2020 – 20 March 2020
Summer Term         20 April 2020 – 26 June 2020

Information relating to the University's term dates for students can be found at https://www.essex.ac.uk/governance/key-dates.

1.2 Teaching timetable

Information about teaching timetables and your individual timetable can be found at www.essex.ac.uk/students.

1.3 myEssex – the Student Portal

myEssex is your online account. Use it to see your timetable, keep your personal details up-to-date, see how you’re doing on your course, let us know if you’ll miss a lecture or class, contact the Student Services Hub and much more. https://www.essex.ac.uk/myessex/

You can personalise myEssex further by adding and hiding links, adding personal contacts and by changing the look of the pages.
### About the School of Sport, Rehabilitation and Exercise Sciences

#### 2.1 Academic Staff

Below are details of the roles of the staff you are likely to be in contact with most frequently:

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibilities</th>
<th>Office</th>
<th>E-mail</th>
<th>Tel</th>
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</thead>
<tbody>
<tr>
<td><strong>Head of School</strong></td>
<td>Professor Ian Maynard, the Head of School is informed of postgraduate matters by the Director of Education and the Programme Directors. The Head of School is responsible to the Vice-Chancellor for 'maintaining and promoting the efficiency and good order of our School'.</td>
<td>ESA.3.8</td>
<td>ian.maynard</td>
<td>2410</td>
</tr>
<tr>
<td><strong>Director of Education</strong></td>
<td>Dr Murray Griffin is the Director of Education and has oversight of all taught courses in our School through the respective Programme Directors.</td>
<td>ESA.3.9</td>
<td>mgriffin</td>
<td>3336</td>
</tr>
<tr>
<td><strong>Director of Employability</strong></td>
<td>Jo Etherton is the Director of Employability and has an oversight of employability issues within the School and liaises with the Director of Education on issues relating to employment.</td>
<td>ESA.3.11</td>
<td>jethera</td>
<td>4293</td>
</tr>
<tr>
<td><strong>Physiotherapy Placements Lead</strong></td>
<td>Jo Etherton is also the Physiotherapy Placements Lead.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>Director of Research</strong></td>
<td>Professor Jo Jackson is the Director of Research and has an oversight of all research areas.</td>
<td>ESA.3.27</td>
<td>jo.jackson</td>
<td>4277</td>
</tr>
<tr>
<td><strong>Senior Tutor</strong></td>
<td>Dr Jo Barton is the School's Senior Tutor. She provides pastoral support and advice to students who have issues that are affecting their studies. Jo can also be a point of contact if you do not want to approach your allocated personal tutor.</td>
<td>ESA.3.12</td>
<td>jobarton</td>
<td>3774</td>
</tr>
</tbody>
</table>

*Room numbers will change once the School relocates to the new Sports Centre building in January 2018*
**Programme Directors**

Programme Directors have overall responsibility for a degree programme and as such have an overview of the programme’s modules. Together with Progress Officer/Senior Tutor, they are responsible for monitoring student progress and addressing any problems both staff or students may have. They offer supervision, advice and support to the students.

<table>
<thead>
<tr>
<th>Programme Directors</th>
<th>Office</th>
<th>e-mail</th>
<th>Phone</th>
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</thead>
</table>
| **MSc Sports and Exercise Science Programme Director**
   Dr Matt Taylor | ESA.3.13 | mtaylor | 2818 |
| **MSc Sports and Exercise Psychology Programme Director**
   | Office: ESA.3.8 | i.w.maynard | 2410 |
| **MSc Physiotherapy Programme Director**
   Adrian Mallows | Office: ESA.3.23 | amallows | 4252 |
| **PG Advanced musculoskeletal assessment and practice pathway**
   | Office: ESA.3.23 | inness | 3835 |
| **PG Musculoskeletal ultrasound imaging pathway**
   Dr Sue Innes | | | |


**Module Supervisors**
Module Supervisors are responsible for the individual modules, which make up programmes. They design the modules, teach them and examine them. They monitor student progress and talk to students about any academic issues related to their particular module.

**Module Contributors**
Some modules bring in additional members of staff and clinical experts to teach some sessions on the modules.

### 2.2 Administrative Staff

<table>
<thead>
<tr>
<th>Role</th>
<th>Details</th>
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<tbody>
<tr>
<td><strong>School Manager</strong></td>
<td>Mel Wiltshire is the School Manager and has overall responsibility for the administration of our School.</td>
</tr>
<tr>
<td>Office: ESA.3.15</td>
<td>e-mail: mahass</td>
</tr>
<tr>
<td>Tel: 3350</td>
<td></td>
</tr>
<tr>
<td><strong>Deputy School Manager</strong></td>
<td>Ian Mounteney is the Deputy School Manager and has oversight of School’s student services function. He also deputises for School Manager in her absence.</td>
</tr>
<tr>
<td>Office: ESA.3.30</td>
<td>e-mail: imount</td>
</tr>
<tr>
<td>Tel: 3348</td>
<td>(Working days: Monday, Tuesday, Wednesday, Friday)</td>
</tr>
<tr>
<td><strong>Senior Student Administrator</strong></td>
<td>Marie Gribbin is the Senior Student Administrator and, alongside the Student Administrator is your first point of contact for general and administrative enquires and matters relating to coursework submission and marks. Marie is involved in monitoring student attendance and progress and can also help with queries about the peer mentoring scheme.</td>
</tr>
<tr>
<td>Office: ESA.3.30</td>
<td>e-mail: mgribbin</td>
</tr>
<tr>
<td>Tel: 3361</td>
<td>(Working days: Monday, Tuesday, Wednesday, Thursday)</td>
</tr>
<tr>
<td><strong>Student Administrator</strong></td>
<td>The Student Administrator is your first point of contact for general and administrative enquires and matters relating to coursework submission and marks. She is also involved in monitoring student attendance and progress.</td>
</tr>
<tr>
<td>Office: ESA.3.30</td>
<td>e-mail: sres</td>
</tr>
<tr>
<td>Tel:</td>
<td></td>
</tr>
</tbody>
</table>
Finance and Operations Officer
Hazel Cromar is the Finance and Operations Officer and supports the day-to-day operations of the School.

Office: ESA.3.30
e-mail: h.cromar
Tel: 3349
(Working days: Tuesday, Wednesday, Thursday, Friday)

Student Engagement Project Worker
April Bryan is the School’s Student Engagement Project Worker.

Office: ESA.3.30
e-mail: ab16421
Tel: 3354

Please click on these links for a list of academic and administrative staff:
https://www1.essex.ac.uk/sres/staff/default.aspx

2.3 Our locations
Colchester Campus
School of Sport, Rehabilitation and Exercise Sciences
University of Essex
Wivenhoe Park
Colchester
Essex CO4 3SQ
United Kingdom

Direct tel: +44 (0)1206 873348
General enquiries: sres@essex.ac.uk
Website: www.essex.ac.uk/sres

2.4 Opening hours
The School Office (Room ESA.3.30) is open from 9am - 5pm Monday – Friday during term-time. The office will be closed between 1pm and 2pm during vacation. For Academic staff please email to make an appointment.

2.5 Appointments with academic staff
If you wish to contact a member of staff about a matter or to make an appointment, the best methods are to e-mail or telephone. If you should experience any difficulties in contacting a member of staff, then contact one of the administrative team.
2.6 Photocopying
Students are not permitted to use staff photocopying facilities in our School. Photocopying is available at the print shop at Colchester Campus and on site in The Forum Building at Southend Campus.

2.7 Your personal tutor
All postgraduate students have a personal tutor who you will meet soon after you have arrived, and who you will meet regularly throughout your course. If you are a postgraduate research student your research supervisor will take on this role. Your personal tutor is there to help you feel connected to your school, and is someone you can talk to if you have questions about your course or encounter any difficulties which affect your studies. Your personal tutor may also recommend other support services on campus that might be able to help. If you are unsure who your personal tutor is, please ask a member of the administrative staff in your School.

Need to talk to your personal tutor?
Your personal tutor will usually inform you of their availability at the start of the course. To make an appointment please use their university email address in the first instance.

2.8 Peer mentoring
The Ask a Postgraduate Student scheme gives postgraduate students the opportunity to ask questions and discuss issues about living and studying as a postgraduate at Essex. Further details are available at: http://www.essex.ac.uk/students/study-resources/mentoring/ask-pg/default.aspx

2.9 Using mobile phones, smartphones, laptops and tablet PCs
The school asks that students are respectful of lecturers and others when using devices. This will include as a minimum switching mobile phones to silent (the preference being to switch them off) and not accessing them in class, other than identified needs due to unforeseen circumstances or as part of the learning activity. If the former reason, this should be discussed with the lecturer prior to the start of the session. Laptops and tablets may be used for note taking with the lecturer’s permission.

2.10 Correspondence and communication
Our School will contact students in a variety of ways, including e-mail and post. It is a University requirement that you check your University e-mail at least once a week during term time. General information will be sent to your University e-mail address not to your home or work-e-mail address. It is therefore very important that you check your University e-mail account regularly. Please note that you can access your University e-mail address from outside the University via your my Essex student portal. If necessary, you can have your University e-mail forwarded to an address of your choice. There are details on how to do this on this webpage www.essex.ac.uk/it/email. The IT Help Desk, which is in the Silberrad Centre at our Colchester Campus, can provide help if you have problems in doing this. Also refer to 8.3 IT support.

2.11 Change of address
If your address, telephone number or e-mail address changes please amend your details using ‘myEssex’ straight away. For part-time students this applies to both your home and work address as we frequently need to contact part-time students at their home or work address.

2.12 School annual prizes
You can find information regarding these from the relevant course administrator.
Section 2: Academic Matters

3. Learning and Teaching

3.1 Learning, teaching and independent study
Whatever level of study you're following at Essex, you're here for an excellent education. We’re committed to research-led teaching as well as your personal development. During your time here, we'll support you in demonstrating your academic potential and in developing the knowledge and skills you’ll need as you embrace your future postgraduate career.

3.2 What the School expects from its students and what students can expect from the School
The School expects you to try your hardest, to access the available support and learning resources and to attend all timetabled learning and teaching sessions. We expect you to adhere to the rules and regulations of the university and be familiar with these, through the various opportunities available, such as: the programme handbooks, School and University internet resources etc. We expect courtesy, honesty, respect and other similar characteristics from all of you.
You can expect our School staff to offer a personal and professional service which encompasses the same individual characteristics as those of expected of you, with an addition of a working knowledge and adherence to the School and University processes and procedures which impact on and guide your learning experience whilst with us. You can expect us to support your learning whilst here and to guide you towards an appropriate outcome of your studies.

3.3 Moodle and FASER
We use Moodle as our online learning environment, to enhance face-to-face teaching. It lets you get to course materials, and has built-in features to enhance learning such as discussion forums, chat facilities and wikis.

FASER is our online coursework submission and feedback system. Use it to check coursework deadlines, upload coursework and receive electronic feedback all in one place.

faser.essex.ac.uk
www.essex.ac.uk/it/services/learning-technology/

3.4.1 Course structures
Please click on the link below for specific course structure
https://www1.essex.ac.uk/sres/pg/

3.4.2 Programme specifications
Programme Specifications provide key information, such as the structure and aims of your course, as well as the knowledge and skills you will develop. The learning outcomes are categorised into knowledge, intellectual, practical and key skills, and are linked to the aims, learning outcomes and assessment on the modules you take. The relevant Programme Specification for your course and stage of study will be available to you when you log onto either myEssex or eNROL. Your School will provide you with copy of the module map showing how your course learning outcomes are connected to the modules.
https://www1.essex.ac.uk/programmespecs/
3.4.3 Learning outcomes
Your course’s learning outcomes are set out in Programme Specifications. They are categorised into knowledge, intellectual, practical and key skills, and are linked to the aims, learning outcomes and assessment on the modules you take. You can measure your progress against the outcomes, for example when reviewing coursework feedback, and they can be used to guide you when undertaking independent study. Specific module learning outcomes are available within the individual module guides. These are available on the Moodle site relating to your course.

3.4.4 Study by Credit Accumulation (Postgraduate)
The study of individual modules over a period of time, in which the credits obtained are accumulated and used towards approved university award in a manner that differs from full-time and part-time awards.

You could register on one or more stand-alone credit-bearing modules, and accumulate academic credit. Academic credit is awarded upon successful completion of each module. If you have been admitted to one or more individual modules, you may decide to use the credit towards an award, such as a Postgraduate Certificate, Postgraduate Diploma or MSc. You could apply to register for the award provided the relevant set of modules for the award had been taken.

The maximum period for completion of studies using credit accumulation is six years (normally five years to complete all taught elements and a further one year to complete the dissertation (or equivalent). The maximum period of study would be measured from the point at which you first registered for a module that contributed to the award. Further information about study by credit accumulation can be found at https://www1.essex.ac.uk/quality/university_policies/credit-accumulation.asp. For SRES courses that are registerable with a professional regulatory body, the timescale for completion is usually within five years. For specific information please contact the relevant programme director.

A copy of the module map for your programme can be obtained from your programme director or programme administrator.

3.4.5 Accreditation of Prior Learning (APL)
Accreditation of Prior Experiential Learning (APEL)
The University has an APL/APEL procedure by which applicants may apply to have their prior learning assessed and accredited towards the relevant degree programme or module of study. The APL/APEL procedure normally operates during the admissions process and the relevant Admissions Officer is responsible for its operation. The published procedure is available https://www1.essex.ac.uk/quality/university_policies/Admissions/default.asp.

3.5 Changing your degree
Changing your course
If you are thinking about changing course, we recommend that you speak to someone in your school/department as soon as possible. They will be able to advise you if there are any specific requirements for the course you are looking to change to. If the course you are looking to change to is within a different school/department, then you should also speak to someone in that department.

There are deadlines in place for when you need to change course by, so please make sure you are aware of these deadlines before requesting to change. Further details on changing course and the relevant deadlines can be found at www.essex.ac.uk/students/course-admin/changing-course.aspx or by visiting your Student Services Hub.
Investigate your potential new course by looking at course information on the department's web pages, talking to students on the course and speaking to tutors. You should also look at our Rules of Assessment for the new course to check whether there are any course-specific requirements.

If you want to change your mode of study from full-time to part-time, you should discuss this with our departmental staff. If this is possible, you will need to make a formal request using the online Change of Mode of Study form which you can find here: www.essex.ac.uk/esf/

Changing your mode of study may affect your immigration status and you may need to contact the Home Office or make a new Tier 4 application.

Please read carefully our guidance on visas and course changes here: www.essex.ac.uk/immigration/studies/changes

If you want to make a formal request for a course change, you should do so via the online Course Change form available here: www.essex.ac.uk/esf/

3.6 Maximum periods of study
University of Essex awards are subject to a maximum period of study, within which an award must be achieved. The maximum period of study is set from the date when a student is first admitted to a postgraduate programme and changes of course, repeat years and periods of intermission are normally included within the maximum period.

Transfers of programme are still included in the original maximum period unless they involve moving to or from a 4-year course. Full details of the maximum period of study permitted for University awards can be found in the section of the Rules of Assessment: www.essex.ac.uk/dsh/ugrulesofassessment. View Programme Specifications online at: www.essex.ac.uk/programmespecs.

3.7 Module Information

3.7.1 Module Enrolment
In the School of Sport, Rehabilitation and Exercise Sciences, not all students have optional pathways. Those who do should discuss their options with their Programme Director if needing clarification. If students wish to change their options during the year they should again discuss this with their Programme Director. Where applicable, optional module choices can be made on eNROL www.essex.ac.uk/enrol/home/home_phase1.asp

Please note that if you are on a modular programme and you decide to take fewer or more modules and are being funded by your employer it is your responsibility to make sure they are aware of the change you have made. If you are considering changing Programme, you should approach your Programme Director in the first instance.

It is essential that students complete module enrolment and keep the School informed of any changes in their module enrolment since this forms the basis of their examination entry.

3.7.2 Core, compulsory and optional modules
All modules within your course are assigned the one of the following statuses:
- Core – must be taken and must be passed;
- Compulsory – must be taken, but some condonement of fails may be possible;
- Optional – you have a choice of which module to take from a designated list. Some condonement of fails may be possible.
There are a maximum number of credits that can be condoned and ‘core’ modules cannot be condoned. You should see the Programme Specification for your course to see which modules are ‘core’, and refer to the Rules of Assessment for your course for any specific requirements.

3.7.3 Module Directory
Detailed information about each module can be found in the module directory: https://www1.essex.ac.uk/modules/default.aspx

3.7.4 Reading lists
Please refer to our Moodle site at: https://moodle.essex.ac.uk/course/index.php?categoryid=14 for details on reading lists.

3.8 Listen Again
Did you miss something? Our Listen Again digital recording service lets you listen again to lectures so you grasp every detail. Available in teaching rooms or lecture theatres where you see the sign. listenagain.essex.ac.uk/

The University of Essex supports reasonable adjustment and is, therefore, committed to providing a Listen Again service for students. The Listen Again service will provide a resource of recordings of lectures delivered throughout your programme of studies. Recordings are usually available to students 24 hours after the lecture took place and continue to be available for 2 years.

Your Tutor may ‘edit’ recordings, but you should assume that all lectures will be recorded and available as they occurred. In consequence, you should be aware when volunteering personal information relevant to the topic under discussion during the lecture that this will also be recorded and available on-line.

3.9 Supervision of student research projects
Your course may require you to submit a dissertation or research project. Specific information about content, outcomes and submissions requirements is available in the course module guides as they may differ in the School.

3.10 Essex Abroad, terms abroad and opportunities
Broaden your horizons! There are many opportunities for Essex postgraduate students who wish to study in the United States (including Hawai’i), Australia, Canada, Europe, Hong Kong, Japan, Latin America, the Middle East, New Zealand or Russia, for one term or one year as part of their University of Essex programme of study.

We have exchange agreements with a wide variety of universities and can help students to select the most appropriate destination. Study abroad can enhance your CV and gives you valuable experience of another culture and way of life. Spending an extended period of time in another country provides an unparalleled opportunity to see a side of life which tourists never encounter. It is also true that employers value international experience in today's global economy.

Any student interested in applying should consult the Departmental Study Abroad Officer in the first instance for approval in principle.

For further information, contact Study Abroad Office, Room 5S.7.27, email: saoadmin@essex.ac.uk
3.11 Placement information
Placement information is published at http://www.essex.ac.uk/hhs/placements/default.aspx

3.12 Job references: Requesting references from members of staff
If you require a personal reference, always ask permission from a member of staff before giving their name as a referee. You should consider from whom it is most appropriate to request a reference and who will be best equipped to evidence your character and performance in the subject. Failure to request may mean that a reference is not forthcoming as personal information cannot be divulged without the permission of the person to whom the reference applies.
For example, final year project supervisors, year organisers, core course supervisors are likely to be more suitable than lecturers that have taught you on a first year option course. Every reasonable effort will be made to meet a request for a reference for a student who has undertaken study within our School, within a minimum period of three years following his/her departure from the University.
Requests received outside of this time scale may, of course, be met if a member of staff is equipped with the necessary information on the student and is willing to provide a reference. In the case of research students, it would be normal to expect to provide a reference for a more extended period of up to ten years.
It is helpful if you can provide the member of staff with details about the course or job you have applied for and, if relevant, a CV or other summary of your qualifications and experience. Please try to ask for references in good time – It is not always possible for a member of staff to write a reference immediately.

Copies of references
A copy of any reference provided will be retained within our School for no longer than three years for taught students and ten years for research students.

3.13.1 Disability and emotional wellbeing
We would encourage all new students with a disability, long term medical condition, specific learning difficulty or mental health difficulty to disclose and register with the Student Services Hub so that we can plan how best to support you in your studies.
You can find out about the support we offer here: www.essex.ac.uk/students/contact/help.aspx

UK students may be eligible for a Disabled Students’ Allowance grant. See our webpages for more information, including application forms and key changes: www.essex.ac.uk/students/disability/funding.aspx

3.13.2 International students
We are proud to be a global community and we recognise that living and studying in the UK may be very different from your own country.

Essex has a wide range of support covering academic and health and wellbeing issues. Our friendly and professional staff will be able to guide, give advice and assist you during your time at Essex.
You can find helpful information here - www.essex.ac.uk/students/new/international/default.aspx

If you are studying on a Tier 4 visa, don’t forget to read section 8.4 Tier 4 Information of this handbook which has further information and links.
3.13.3 Mature and part-time students

We appreciate that studying as a mature student can present challenges. This is particularly true if this is your first experience of higher education and you have other commitments and responsibilities to meet such as work and family. We want you to be aware of the support available so that you can make the most of your time at Essex.

You can find more information here: [www.essex.ac.uk/students/groups/mature-students.aspx](http://www.essex.ac.uk/students/groups/mature-students.aspx)

3.14 Library Services

At our Colchester Campus, the **Albert Sloman Library** on Square 5 has a variety of study spaces over six floors, including 24/7 facilities and group work areas. The Library offers a wide range of learning resources, online and in print, with a dedicated Helpdesk, overnight chat service and the opportunity to book appointments with your Subject Librarian to help you through your studies and beyond.

[libwww.essex.ac.uk](http://libwww.essex.ac.uk)

The library has a team of Subject Librarians who can help you to find appropriate resources for your assignments and show you how to search effectively. They can also provide advice on referencing and how to avoid plagiarism, using reference management software, and evaluating sources. Your Subject Librarian is Greg Cadge (Colchester) [greg.cadge@essex.ac.uk](mailto:greg.cadge@essex.ac.uk) or use the Book a librarian form on the Library website to get in touch.

For guidance in relation to third-party proofreading of student work: [www.essex.ac.uk/proofreading](http://www.essex.ac.uk/proofreading)

3.15 Attendance monitoring (Count-me-in) and absence from sessions.

Your attendance at lectures and classes has a significant impact on how successful you are in your studies. At Essex, we monitor attendance so we can identify students who may need guidance and support.

You'll need to **record your attendance** at teaching events using your registration card and the electronic reader in the teaching room. Just ‘tap in’ for every timetabled teaching event you attend. Your tap will count from 15mins before the start time and up to 15mins after the start time on your timetable.

**You must not tap in for someone who is not attending the class; and also you should not tap in if you then immediately leave the teaching event.** This is breaking the Student Code of Conduct and you could be fined.

Attending is especially important if you are here on a Tier 4 visa.

If you **lose your card** or it is **faulty**, go to the Student Services Hub to get a new card (a small fee is applicable for lost cards).

If you need to **report an absence** from a teaching event you should do so by completing the **notified absence** on MyEssex. We will consider the reasons and may record it as an **authorised absence**. Be aware that you may need to **provide evidence**, including medical evidence if relevant. Please see [www.essex.ac.uk/see/attendance](http://www.essex.ac.uk/see/attendance) for acceptable reasons to be absent.

You will be able to **check your attendance record**, and notified absences on **MyEssex**. **We are introducing this by department during the year.**
Please contact your Personal Tutor, department staff or the Student Services Hub for advice and support, particularly if you are going to be absent for several weeks.

For more information on attendance, and for links to forms and guidelines visit:  www.essex.ac.uk/students/course-admin/attendance.aspx

If you need to report an absence from a teaching event, test or exam due to medical reasons, representing the University in British Universities and Colleges Sport (BUCS) competitions, or in regional, national or international competitions; being selected or training for a national sports team e.g. Home Nationals or Great Britain, on a University organised placement, or other circumstances you should do so by completing the relevant form in myEssex for a notified absence. Your department will consider the reasons and may record it as an authorised absence. Be aware that you may need to provide evidence, including medical evidence if relevant.

For placement absences please refer to your Placement Programme Handbook

3.16 Student representation, Student Staff Liaison Committees, Student Assessment of Modules and Teaching and Student Surveys

Student feedback is a vital part of the University's approach to quality assurance and enhancement. It is therefore important that you are given the opportunity to feedback and that you take time to feedback to the University. You can do this in a number of ways:

You can contact (or volunteer to be) a student representative who represent the voice of fellow students in departmental Student Staff Liaison Committees (SSLCs) and other University level committees. www.essexstudent.com/representation/coursereps/ www.essex.ac.uk/quality/student_representation/student_rep.asp www.essex.ac.uk/quality/student_representation/sslc.asp.

Every year, we will ask you to complete the Student Assessment of Module and Teaching (SAMT). This survey will be summarised and discussed by SSLCs and will inform reports written by us for central University committees as part of our quality assurance processes.

Student satisfaction surveys enable the University to gauge overall satisfaction amongst students. When the results have been reviewed and analysed, the University can then enhance your experience of learning at Essex. The National Student Survey (NSS) for final year students feeds into university league tables. NSS also lets us know how we’re doing and where we can make improvements. The survey is run online and you will receive a link to the survey via email. Students not eligible for NSS will be invited to complete the UK Engagement Survey (UKES) which asks about how you spend your time on your course, what kind of learning you’ve taken part in and your views on your teaching and learning experience.

Health Education East of England Student Survey

Health Education England (HEE) supports the delivery of excellent healthcare and health improvement to the patients and public of England by ensuring that the workforce of today and tomorrow has the right numbers, skills, values and behaviours, at the right time and in the right place. Although HEE no longer commissions the majority of health education and training it still provides funding to support the delivery of placements within the majority of health courses.

HEE is committed to ensuring that every learner has an excellent experience of academic learning, and practical placements and are recruited and taught by the NHS values; and that these experiences continue to improve. HEE continually monitors the quality and performance of programmes to ensure that this happens including the view from the universities, the organisations taking students for placements,
and from students who are undertaking programmes. Full information in relation to the quality management of universities can be found here:  https://www.hee.nhs.uk/

Every year, HEE run a student survey. By completing your questionnaire you are fulfilling your responsibility to provide feedback on health programmes and their associated placements and more importantly you are helping us to ensure that your programme and future programmes are the highest quality and all your learning reflects the values of the NHS. You are also given an opportunity to raise good practice and raise any concerns you may have. Learner feedback is central to the quality processes and your input is valued.

Once you have completed your programme of study at the University of Essex, you may be contacted to confirm the details of your first post. HEE provides significant funding for students trained locally and as part of ensuring value for money it is vital to find out where you are working and what role you are undertaking. Please take the opportunity to let us know your employment details.
4. Assessment

4.1 Rules of Assessment and Credit Accumulation

www.essex.ac.uk/students/exams-and-coursework/ppg/pgt/assess-rules.aspx

The Rules of Assessment are the rules, principles and frameworks which the University uses to calculate your course progression and final results. Some departments also have variations to the main rules, which you can find listed on our website above. If you have questions about whether a variation applies to you, contact your department.

Each module you will take will have a credit value which you are awarded if you successfully complete the module. You need to obtain a certain amount of credits to be awarded your degree, and the Rules of Assessment give you more information about this.

These decisions are made by the Board of Examiners who use the Rules of Assessment to decide:

- you can be awarded credit for the modules you have studied
- you have done enough to move on to the next stage of your course (if you are on a course which lasts more than one year)
- you need reassessment
- whether you have done enough to pass your course
- whether you are eligible to receive a merit or distinction

The following is only a summary of the key points. You should read the rules and make sure you understand them. If you need advice, ask your personal tutor, departmental administrator, or SU Advice.

If you fail your course you are not able to repeat it. The Rules of Assessment for Postgraduate Taught Awards only allow reassessment for up to a maximum of 60 credits worth of modules for taught masters degrees. The Board of Examiners will inform you if you are eligible for reassessment once it has considered your marks.

If you fail your dissertation you may be permitted by the Board of Examiners to resubmit your work, provided you meet the criteria as set out in the Rules of Assessment for Postgraduate Taught Awards. Alternatively, if you have obtained enough credits in your taught modules, you may be eligible for another award such as a postgraduate diploma or certificate.

You can decide if you want to accumulate credit by taking individual modules with the aim of achieving a postgraduate award; this is called Modular study. There are opportunities to achieve postgraduate awards through credit accumulation study in an increasing number of departments, as an alternative to standard full or part-time study. You can find more information on the ‘Study by credit accumulation’ webpages: www1.essex.ac.uk/quality/university_policies/credit-accumulation.asp

Individual modules can yield 15, 20, 30 or 40 credits depending upon which department you are studying in. Each award has a defined structure, normally consisting of a combination of core, compulsory and optional modules, and requires a specific volume of credit to be achieved:

- Graduate/Postgraduate Certificates - 60 credits (all taught module credits)
- Graduate/Postgraduate Diplomas - 120 credits (all taught module credits)
- Masters Courses - 180 credits (normally 120 credits of taught module credits and a 60 credit dissertation or equivalent)
Credit is awarded for successful completion of individual modules. Students taking a credit-accumulation route of study register for the separate modules individually and accumulate the required volume of credit for the relevant award, including the dissertation if necessary. You will be given a different registration number for each module.

The Rules of Assessment are different when you study individual modules; make sure you check the relevant Rules of Assessment for the award you’re studying towards. **You will have a maximum of six years to study** (this is usually five years with a sixth year for a dissertation). We measure the six years from the first module you register on towards the award. You can find out more information here: [www.essex.ac.uk/students/exams-and-coursework/ppg/pgt/modular](http://www.essex.ac.uk/students/exams-and-coursework/ppg/pgt/modular) and you should talk to your tutors about fees, and applying accumulated credit towards an award.

### 4.2 Extenuating Circumstances, withdrawing and intermitting
[www.essex.ac.uk/students/exams-and-coursework/ext-circ.aspx](http://www.essex.ac.uk/students/exams-and-coursework/ext-circ.aspx)

**Extenuating circumstances** are circumstances beyond your control which cause you to perform less well in your coursework or examinations than you might have expected. In general, extenuating circumstances will be of a medical or personal nature that affect you for any significant period of time and/or during the assessment.

You need to submit your form by the deadline given here – [https://www1.essex.ac.uk/students/exams-and-coursework/ext-circ.aspx](https://www1.essex.ac.uk/students/exams-and-coursework/ext-circ.aspx)

You will **not** get extra marks if you submit an extenuating circumstances form. Boards of Examiners use other methods to take into account extenuating circumstances, such as permitting further reassessment opportunities for uncapped marks.

You should read the guidance on extenuating circumstances very carefully before submitting your form and evidence. Seek advice from Students’ Union Advice ([www.essex.su/advice](http://www.essex.su/advice)) or the Student Services Hub ([www.essex.ac.uk/students/contact/default.aspx](http://www.essex.ac.uk/students/contact/default.aspx)).

### 4.3 Withdrawing and intermitting
**Thinking of leaving or taking a break from your studies?**

You may experience doubts at some point during your studies, if you’re thinking about leaving Essex, we’re here to support you and give you the advice you need to help you make an informed choice.

**Intermission** is a temporary withdrawal or leave of absence from the University and provides you with the opportunity to take a break from your studies. Normally, this is for reasons beyond your control (e.g. health or personal problems) although other reasons are permitted. Intermission must be approved by the University first, so if you are thinking about intermitting, we strongly advise you to contact your department and your Student Services Hub to talk to one of our advisers.

You should also read our guidance on intermitting very carefully at [www.essex.ac.uk/see/intermit](http://www.essex.ac.uk/see/intermit). If your intermission is agreed to, we will also give you the advice and support you need to help you carry on with your studies.

**Withdrawing** is the formal process for permanently leaving your programme of study and the University. If you are thinking of withdrawing, you should seek advice from your Department or the Student Services Hub at the earliest opportunity. It is very important that you discuss your circumstances with the University and follow the formal procedure for withdrawing. If the university is not formally notified, then you may risk continuing to incur further tuition or accommodation fees. More advice and information is available at [www.essex.ac.uk/see/withdraw](http://www.essex.ac.uk/see/withdraw).
4.4 The Marking Policy and requests for re-marking of coursework and essays
You have the right to request a re-mark of your coursework under certain circumstances which your department will advise you on. The University Marking Policy can be found here: www.essex.ac.uk/quality/university_policies/examination_and_assessment/marketing_policy. You will need to complete a form and be aware that marks can go down as well as up.

4.5 Moderation, second marking policies and External Examiners
The University policy on moderation can be found as part of the Marking Policy. When work is moderated, it means that a second member of academic staff takes a random sample of the work for a particular assessment and reviews the marks given. A moderator would not change the individual marks for the work, but would liaise with the first marker to agree whether marks should be reviewed across the particular piece of assessment or module, which may lead to marks being adjusted.

Second marking is where a second marker marks the work but has access to the first marker’s marks and/or comments.

External Examiners are usually academics from other universities but may be from industry, business or the profession depending on the requirements of the course. They give an impartial view of the course and independent advice to ensure that courses at the University meet the academic standards expected across UK higher education. External Examiners write reports on the courses and modules they are responsible for which are made available to you via your department. You can find the name and institution of the External Examiner for your course and modules by looking on the Programme Specifications Catalogue and the Module Directory. You can find out more about how the University uses External Examiners by following this link: www.essex.ac.uk/quality/external_examiners

Please note: you may not contact External Examiners directly under any circumstances. If you have any concerns about the quality and standards of your course, please contact your student rep, your Head of Department or the Students’ Union.

4.6 Appeals, complaints, and fitness to practise
Appeals on academic grounds can be made following the meeting of the Board of Examiners and the publication of your results. Be aware that there are strict deadlines for the submission of the appeal form and your evidence.

We strongly advise all students thinking about making an appeal to contact Students’ Union Advice.

You may not appeal against academic judgement. This means that you can’t appeal against the marks you have been given by a Board of Examiners without evidence of extenuating circumstances or procedural irregularity.

More information about appeals, including the deadlines and forms to complete, can be found online at: www.essex.ac.uk/see/appeals

Making a Complaint: The University is a large community engaged in many activities of both an academic and non-academic nature. From time to time, you may feel dissatisfied with some aspect of your dealings with the University and, when that happens, it is important that the issue is dealt with constructively and as quickly as possible without risk of disadvantage or recrimination.
A complaint is defined as the expression of a specific concern about matters that affect the quality of a student's learning opportunities (this is in line with the QAA Quality Code for Higher Education, Chapter B9: Academic Appeals and Student Complaints). The University aims to resolve complaints quickly and informally.

You can find the complaints procedure and the forms here: [www.essex.ac.uk/see/complaints](http://www.essex.ac.uk/see/complaints)

**Fitness to practise** is only applicable to students on certain professional courses (such as nursing or social work). If this applies to you, you will have been told by your department. You can find the full Fitness to Practise procedure online at: [www.essex.ac.uk/students/exams-and-coursework/ppg](http://www.essex.ac.uk/students/exams-and-coursework/ppg)

### 4.7 Academic Integrity and Academic Offences

The University expects students to act with honesty and integrity in relation to coursework, examinations and other assessed work, and to follow our conventions for academic writing (including appropriate referencing of sources) and ethical considerations. If you don’t meet these expectations, then you may be charged with having committed an academic offence, a matter the University takes very seriously.

It is your responsibility to make yourself aware of the regulations governing examinations and how to correctly prepare your coursework. An academic offence can take place even if you didn’t mean to commit one, and examples include plagiarism, falsifying data or evidence, and communicating with another candidate in an examination.

If you aren’t sure what the conventions are, particularly in relation to referencing, you should ask your department, contact the Talent Development Centre, and also refer to 7. Referencing in this handbook.

More information about academic offences and getting support can be found at: [www.essex.ac.uk/see/academic-offence](http://www.essex.ac.uk/see/academic-offence)

### 4.8 Ethics

All research involving human participants, whether undertaken by the University's staff or students, **must** undergo an ethics review by an appropriate body and ethical approval **must** be obtained before it commences. You can find our Guidelines for Ethical Approval of Research Involving Human Participants here - [www.essex.ac.uk/reo/governance/human.aspx](http://www.essex.ac.uk/reo/governance/human.aspx) - along with the Ethical Approval application form.

‘Human participants’ are defined as including living human beings, human beings who have recently died (cadavers, human remains and body parts), embryos and foetuses, human tissue and bodily fluids, and personal data and records (such as, but not restricted to medical, genetic, financial, personnel, criminal or administrative records and test results including scholastic achievements). Research involving the NHS may require and research involving human tissue or adults lacking capacity to consent will require Health Research Authority approval.'
5. Coursework

5.1 Assignment and essay length
Please refer to the relevant module handbook on Moodle.

5.2 Coursework submission details (including FASER) and deadlines
All assignments will be submitted via the online submission facility (FASER) unless you are specifically
told otherwise. Your module supervisor will advise you if the assessment is not suitable for online
submission. In this instance assignments should be handed in to the course administrator on or before
the deadline. The standard submission time is 12 noon on the day of the deadline. The online submission
facility is available at: www.essex.ac.uk/e-learning/tools/faser

You may also access the site via your myEssex portal. Please note:

When you log on to the link, you should see a list of all your modules. If a particular module is not listed
please contact your programme administrator.

• All work (essay, reference list, appendices) related to any one assignment must be submitted in one
  file. Only the file submitted immediately before the deadline will be treated as the formal electronic
  submission.

• You may only submit Word (doc, docx) or Rich Text Format (rtf) (pdf) files.
  Microsoft Works (wps) files must not be submitted. If you create the document with Works you must
  convert (file, save as) the file to Rich Text Format (rtf) before submitting to the system. You should
  follow the presentation guidelines in your student handbook.

• FASER provides you with an ideal place to keep partially completed copies of your work. Now you
  have no excuse to lose any of your work before the deadline.

• You can expect the submission deadline to be published in the module handbook. Deadlines will also
  be on FASER.

• Read the online instructions very carefully. In the event of technical problems, please contact your
  administrator.

• You will automatically receive an email receipt (to your University account) once you have
  successfully submitted your assignment. However, if you do not receive a receipt immediately this
  might mean you have not submitted correctly. You should try again ensuring that you have submitted
  to the correct assignment coded page. We have noted that on occasion some students have
  submitted to the test page by mistake.

FASER provides you with an ideal place to keep partially completed copies of your work. Because of this
facility a request for extenuating circumstances/ request for late submission will not normally be accepted
if you experience computer failure or lose any work because of a technical issue before the deadline.

5.2.1 Return of feedback and unratified marks
A deadline for return of unratified marks and feedback will also be given in your module handbook. This is
normally 4 weeks from the date of submission.

5.2.2 Layout of written work
You should be aware that Module Supervisors may refuse to mark any assignment that does not conform
to the following instructions:

• All work submitted for marking must be either typed or word processed.
• All work must have at least 1.5 line spacing.
All work should be in Arial, 11 point font size.
All work submitted for marking must be referenced using the agreed system or style as identified with the Module Supervisors (see referencing section in this handbook for further information.)
Students should note that they must not include company/ organisation logos in their assignments without prior written permission to do so. This includes the University of Essex logo. If permission has been gained, this should be included as an appendix
All students are required to keep a copy of all their assignments.

5.2.3 Word counts in coursework
- All coursework will have a defined word limit.
- When work is submitted the precise word count must be declared.

Part of your training in writing assignments is to produce a piece of work by a given deadline and conforming to a specified length. The work should be clear, comprehensive and concise and should answer the question. Significantly exceeding the word limit is a way of seeking an unfair advantage over other students who abide by the limits. **If you exceed the word count for an assignment, marking will cease at the specified word limit.**

The word count of coursework is the total number of words it contains excluding the final reference list and any appendices: all other text must be included in the word count (quotations, footnotes, references, tables etc.)

You may wish to include additional material in the form of appendices, but you are not required to do so. Students must note that:
- No marks are awarded for appendices unless it is clearly stated in the coursework guidance that the appendices will be marked
- The main body of the work (e.g. 2000 words) must be complete; markers will not read appendices in order to understand the main text.
- Appendices will only be looked at if referred to within the main text of the work.

5.3 Details of samples of coursework
In some courses previous coursework will be made available for current students to view. This must not be copied under any circumstances or in any way. Any use of copied material falls under plagiarism and constitutes an academic offence.

5.4 Deadlines and late coursework policy
All coursework must be submitted by the published deadlines, which are set out in the relevant Module Handbooks. You should use this information to assist with planning your coursework throughout the year to ensure you are able to meet all your deadlines.

As far as possible, your deadlines will have been organised to avoid clashes, but inevitably some deadlines will fall on the same day, especially for students who have optional module choices. It is an important skill to learn how to prioritise tasks and manage your time. It is your responsibility to plan your work to meet your deadlines.

**Late submission of coursework policy**
We have a single policy at the University of Essex for the late submission of coursework. All coursework submitted after the deadline will receive a mark of zero. No extensions will be granted in advance so you
should familiarise yourself with the policy and arrangements for late submission of work. A student submitting coursework late will have the University’s and School’s arrangements for late submission drawn to their attention. The policy states that the mark of zero shall stand unless you submit satisfactory evidence of extenuating circumstances that indicate that you were unable to submit the work by the deadline.

If you have a disability which is preventing you from meeting deadlines, please contact a member of the Disability Service in the Student Services Hub to discuss this issue in advance of your submission dates.

More information about extenuating circumstances relating to late submission of coursework can be found below and is available at: [www.essex.ac.uk/students/exams-and-coursework/default.aspx](http://www.essex.ac.uk/students/exams-and-coursework/default.aspx)

**Late submission of coursework within 7 days of the deadline**
If you submit your work late but within 7 days of the deadline, it will be marked and you will be notified of the mark that you would have achieved (providing the work is submitted before any model answers or other feedback has been given). The mark recorded for the late work will be zero.

If you had a good reason for missing the deadline you may make an application to the Late Submissions Committee to request that the mark be instated. You need to submit a Late Submission of Coursework form ([https://www1.essex.ac.uk/students/exams-and-coursework/late-submission.aspx](https://www1.essex.ac.uk/students/exams-and-coursework/late-submission.aspx)) and evidence to support your case. Both the late work and the form must be submitted as soon as possible and no later than 7 days after the original deadline.

The Late Submissions Committee will meet several times during the year to consider applications for the instatement of marks for late coursework. The School will advise you of the outcome, but it will also be your responsibility to check your marks when your coursework marks are emailed to you for checking during the year. The Late Submissions Committee may not always reach a decision and may refer your case to the Exam Board that meets at the end of the year. All decisions taken by the Late Submissions Committee are provisional, subject to the approval of the Exam Board.

Guidelines explaining what circumstances might be taken into account by the Late Submissions Committee are available here: [https://www1.essex.ac.uk/students/exams-and-coursework/late-submission.aspx](https://www1.essex.ac.uk/students/exams-and-coursework/late-submission.aspx).

A submission to the Late Submissions Committee does not prevent a separate claim for extenuation on other grounds to the Extenuating Circumstances Committee.

**Long-term issues/extenuating circumstances**
If you experience significant, long term extenuating circumstances that prevent you from submitting your work by the deadline or within 7 days of the deadline, you can submit your late work for feedback and you will be told what mark it would have achieved, providing the marked assignments or model answers have not already been released to students. The mark that will be recorded will be zero. Students in this position should submit an Extenuating Circumstances form to the Exam Board.

In considering how to proceed, you should seek advice from the Director of Education about the impact of your circumstances upon your ability to manage your workload, for example, it may not be in your best interests to return after a three week absence and spend all your time undertaking missed assignments.

Extenuating Circumstances can also relate to situations where you have submitted work on time but believe that exceptional life events have significantly impacted upon your ability to produce work to your normal standard.
Further details of the Extenuating Circumstances procedure can be found here: http://www.essex.ac.uk/students/exams-and-coursework/ext-circ and in Section 4.2 of this handbook.

Extenuating circumstances applications for BSc and MSc Physiotherapy students – additional information.
If a decision about an extenuating circumstances application may result in a student having to withdraw from a programme it may be necessary to convene an extraordinary examination board if it is deemed that a decision is required before the next scheduled examination board.

Only an Examination Board will have the right to grant an additional attempt at a resit (i.e. a third or subsequent attempt) or to uncap a mark capped because it was a second attempt.

If a student has a level of academic failure that may require them to withdraw from the University, they will be able to continue to attend the University while awaiting the outcome of an Examination Board. However, they will not be permitted to go on placement unless they are able to redeem the failure.

Modules delivered by the School of Health and Social Care (modules beginning with the code HS) will be subject to the extenuating circumstances and late submission policy in the School of Health and Social Care. Students should familiarise themselves with the guidelines at: https://www1.essex.ac.uk/hhs/current_students/default.aspx

5.5 Essay writing support
There are many opportunities to access support within the university. Please refer to the Student Services Hub on the University website for further details or Southend-based students can visit the University Skills Centre in the Forum. Additionally, your personal tutor within the School will also be able to offer academic guidance, which may include essay-writing skills, report construction etc.

5.6 Anonymous marking in coursework policy
All coursework which contributes to your final module mark should be marked anonymously where it is practical to do so, where this is not possible, departments will inform you in advance of the assessment task.
www.essex.ac.uk/quality/university_policies/default.asp

5.7 Reassessment in Coursework
The School’s policy is set out below:

MSc Physiotherapy Students
(i) students who are required to undertake reassessment for capped marks will normally be set a new piece of coursework or will be expected to resubmit a revision of their original piece of work;
(ii) if a student is required to undertake reassessment and has Extenuating Circumstances which have been accepted by the Board of Examiners, the student may be given the opportunity to revise and resubmit his/her coursework, or alternatively complete a new assignment.
(iii) in the case of the research project, journal or coursework which cannot be replicated over the summer, a student may be permitted to revise and submit the original work or may be set alternative coursework.
The School will send you details of the assignments which you are required to undertake. If you haven’t received anything within three weeks of the results being published, you must contact the administrator identified in the relevant module guide.

**MSc Sports and Exercise Science Students**
If the Board of Examiners has required you to complete essays or assignments over the vacation, the School will send you a letter by email with further information. Please check your Essex email account regularly once your results have been published. The School will then send you details of the assignments which you are required to undertake. You should note that this will, in most cases, take the form of a substantial piece of work equivalent to the entire coursework component of the module. If you haven’t received anything within three weeks of the results being published, you must contact the School or the Student Progress Team.

**5.8 Referencing in Coursework**
Please refer to 7. Referencing and good academic practice for full details.
6. Examinations

6.1 Examination regulations
The General Regulations which govern examinations can be found via the website here online, namely under Regulations relating to Academic Affairs: www.essex.ac.uk/governance/regulations

Attendance at examinations is compulsory. For exams that are more than an hour long, you will not be allowed to enter the examination room if you arrive later than 55 minutes after the start of the exam. If your exam is only an hour long, you will only be admitted up to ten minutes after the start of the exam.

6.2 Access to exam scripts
If you want to see your exam script, you should normally make the request within four weeks of the exam to the department which is responsible for that module. The department should either: let you see the script in the presence of one of the staff responsible for teaching the module or give you a copy or summary of the examiners' comments on your performance.

6.3 Calculators
If you are allowed to use a calculator in your examinations, the only models you are permitted to use are the Casio FX-83GT PLUS or the Casio FX-85GT PLUS.

A limited number of Casio calculators will be available to borrow on the day of your exam from the Exams Office on a first-come, first-served basis, on production of your registration card. Please note financial calculators will not be available.

6.4 General information about exams and examination results
You can find your personalised exam timetable online here - www.essex.ac.uk/examtimes the exam timetable will be published on the date shown at www1.essex.ac.uk/students/exams-and-coursework/dates-and-timetables.aspx.

You must bring your registration card and exam entry form with you to the exam. You will not be allowed entry without them. Remember to check your exam entry form carefully and contact the Examinations Office if there are any errors.

You can download a guide to examinations and watch a short video here: www.essex.ac.uk/students/exams-and-coursework/

You will receive an email to your Essex email account as soon as your results are published. You can find the publication schedule here: www.essex.ac.uk/students/exams-and-coursework/schedule.aspx

6.5 Anonymous marking policy in examinations
All formal examinations at the University of Essex are marked anonymously.

6.6 Reassessment in examinations
You can find information relating to resitting exams at: www.essex.ac.uk/students/exams-and-coursework/resits.aspx

Remember that reassessment in examinations (and coursework) carries a fee.
6.7 Observed Structured Clinical Examinations
Several courses within SRES include examination by Observed Structured Clinical examinations (OSCEs). The rules relating to examinations of this format are as for any other assessment. Examinations may be single or double marked at the time. You may have the examination recorded for the purposes of the assessment by the external examiner.
7. Referencing

7.1 Referencing and good academic practice

Respecting authorship through good academic practice is one of the key values of higher education in the UK.

The University takes academic offences very seriously. You should read the sections of this handbook which refer to referencing, coursework and examinations very carefully.

Referencing is a key academic/scientific skill. It is how you will acknowledge all sources used within a piece of work. You must reference all works used directly (quotes) and indirectly (paraphrasing and summarising). Referencing allows you to give credit to authors'/researchers' concepts and ideas/ideas and results, demonstrate your breadth of reading and knowledge on a subject, direct readers to your sources, and avoid plagiarism. You should always use the best available sources of evidence, such as peer reviewed journals and recognised books.

To find out about your departmental referencing style, and for help with referencing, visit the library website: libwww.essex.ac.uk/referencing.htm

7.2 SRES Referencing Guidelines

To find out about the referencing style used within the School of Sport, Rehabilitation and Exercise Sciences and for help with referencing, visit the library website: http://libwww.essex.ac.uk/referencing.htm and select the relevant School from the drop-down box.

SRES students will be expected to use the Vancouver (Cite them Right, non-superscripted) style of referencing, and apply this correctly and consistently across their academic work.

NB – MSc Physiotherapy students study some modules that are shared with School of Health and Social Care students. As such, these students are expected to use the referencing style adopted by the School of Health and Social Care, Harvard (Cite them Right), for these modules.

7.3 The University Academic Offences Procedure

Please see section 4.6 Academic Integrity and Academic Offences and 5.9 Referencing in Coursework and remember that the Academic Offences Procedure applies to all students: www.essex.ac.uk/about/governance/policies/academic-offences.aspx.
8. Practicalities: Getting started and IT matters

8.1 Registration
All new and returning students are required to register at the start of each academic year. The process for new students includes activating an IT account, completing Pre-Arrival Online, and attending the University’s main registration event.
New students: www.essex.ac.uk/students/new/registration.aspx

Returning students are required to complete Online Registration. In addition to this, returning students who hold Tier 4 visas are required to complete a document check in person at the University's main registration event. Returning students: www.essex.ac.uk/students/course-admin/registration.aspx.

8.1.2 Module enrolment
Students registered on programmes of study leading to a degree may have options to select as part of their course structure. The eNROL system is an online tool to review and select available modules specific to a particular course and year of study. All new and returning students should use the online system prior to the start of each academic year. Returning students will access the system from the April preceding the next academic year. New students will access the system from the end of August. Departments will approve student selections within a few weeks of eNROL use and timetables will take module enrolment into account when planning for the next academic year. Early module enrolment will ensure students know which modules to attend and where the lectures and classes are held.

8.1.3 Award documents
As your studies draw to a close, and once your exam board has met, it takes up to five working days for your results to be confirmed. You will be sent an email to inform you when the results are live on a password protected web page. Graduating students will receive a degree certificate at Graduation.

8.2 Find Your Way and room numbering system
Find Your Way is our interactive campus map app. Download it to help you find any location on campus and get directions quickly and easily. There’s also a handy web version - https://findyourway.essex.ac.uk/

If you’re looking for a specific room, follow these rules.

If the room number has three parts and the first is alphabetical e.g. TC.1.20 then the room is in one of the outer buildings. The format is building.floor.room. The first part indicates the building - "TC" is the Teaching Centre and "LH" is the Ivor Crewe Lecture Hall. The second part tells you the floor and the third the room number. For example, LH.1.12 is Ivor Crewe Lecture Hall, floor 1, room 12.

If the number has three parts and the first contains numbers and letters e.g. 5N.7.16, then the room is in square 4 or 5. The format is entrance.floor.room. The first part tells you the square and corner (eg 4S is the south corner of square 4), which matches the labels on the entrances (eg door 4NW is next to The Store). The second part is the floor and the third part the room. For example, 5NW.6.12 is in the northwest (NW) corner of Square 5 (entrance "5NW"), floor 6, room 12.

If the number has two elements and the second element has three digits e.g. 4.722, the room is in the Maths/Social Studies/Rab Butler/Square 1 building area. The first number shows the floor and the last three digits show the room number.

Also... if the last three digits are 700-799 the room is off Square 1, and if the last three digits are 500-599 the room is in the Square 2 area (Computer Science). For example, 5.512 is room 512, floor 5.
8.3 IT support
Visit our website to set up your IT account and password, register an external email address and passphrase and request a reminder for a forgotten passphrase: www.essex.ac.uk/it/getaccount.

You must change your password within four weeks of your account being created, and then once every four months after that. The easiest way to **change your password** is online at: www.essex.ac.uk/password.

Once you’re set up, you can access email, log on to lab computers, connect to eduroam wi-fi and much more.

As part of your Office 365 email account you get 1TB cloud storage space for all your documents with OneDrive. OneDrive lets you create, edit, and share documents online. You also get at least 300 MB of local storage, known as your M: drive. You can access this by going to ‘My Documents’ on any lab computer.

Visit the IT Services website for helpful information, including how-to guides, answers to frequently asked questions, and links to video screencasts. www.essex.ac.uk/it

If you can’t find what you’re looking for, or if you need to talk to someone, then you can get help from the IT Helpdesk in the Silberrad Student Centre. Open Monday to Thursday 8.30am to 6.00pm, and Friday 8.30am to 5.45pm.

Information on IT labs, study group pods, software, computer servers and assistive technology is available here: https://www1.essex.ac.uk/it/services/computers-and-software/default.aspx?tab=3

If you need to use a **computer on campus** our computer labs are the perfect place to study or work. Many labs stay open until late and some are open 24/7. Information on computer lab locations, opening hours, real-time availability, study group pods, software, computer servers and assistive technology please view: www.essex.ac.uk/it/services/computers-and-software/default.aspx

8.4 Immigration Information
If you are a citizen of a country that is not part of the European Economic Area or Switzerland it is likely that you will require a **visa** to enter or remain in the UK to study. The University must ensure all students hold the right to study in the UK throughout their studies and there are regulations regarding your Immigration status. For Tier 4 students, the Home Office attach conditions to your Tier 4 leave that restrict study, work and access to state benefits, some nationals have to register with the Police. The University has many duties as a Tier 4 sponsor and must ensure we remain compliant in order to retain our Tier 4 licence. Find out more on the University’s website: www.essex.ac.uk/immigration/ and www.essex.ac.uk/about/governance/regulations.

8.5 On-campus facilities
There is a broad range of **facilities** to support your living and learning experience at our Colchester Campus – including study-based services like the IT helpdesk and group study pods, but also various food and drink venues, three banks, a general store run by the Students’ Union, a printing and copy centre, market stalls each Thursday, a Post Office, launderettes, and much, much more. Full details on all on-campus facilities feature on our student webpages and in the campus guide you received with your welcome information when you joined us as a student member. www.essex.ac.uk/students www.essex.ac.uk/welcome
8.6 Graduation
The culmination of all your hard work, Graduation ceremonies take place at our Colchester Campus each July in the Ivor Crewe Lecture Hall. All eligible students studying at our Colchester, Loughton and Southend Campuses will be invited to attend. For more information visit our graduation pages: www.essex.ac.uk/students/graduation
9. Skills, Employability and Experience

9.1 Employability and Careers Centre
Get valuable, one-to-one advice from careers specialists throughout your time at Essex and beyond. Come and see us or log in to CareerHub+ whether you have one hundred questions or just don’t know where to start! We offer one-to-one advice and guidance, job-hunting workshops, CV and job application reviews, and online services for creating CVs, interview preparation and job vacancies. www.essex.ac.uk/careers

9.2 Learning Languages at Essex
Learn a language at Essex to increase your global and cultural awareness. Language learning can give you the confidence to work and travel internationally, expand your options for studying abroad, and get a competitive edge when you’re looking for a job. There are a number of ways to do it, so look online to discover the best option for you. www.essex.ac.uk/study/why/languages

English classes for the dependants of international students and staff (ECDIS)
The Department of Language and Linguistics offers dependants of international students and staff at the Colchester Campus, the chance to improve their English language, through our ECDIS programme, at no extra cost. Classes are taught at three basic levels: Elementary (A1/A2), Intermediate (B1/B2) and Advanced (C1/C2) and will focus on listening, speaking, reading and writing. www.essex.ac.uk/departments/language-and-linguistics
ecdis@essex.ac.uk

9.3 Talent Development Centre
Operating on Colchester and Southend campus, the TDC offers a range of ways to help you realise your potential and improve your academic performance. Our tutors provide expert guidance on study skills; mathematics and statistics; assignment writing and English for academic purposes. Look online to find out more about our classes, workshops, drop-in clinics and on-line resources. www.essex.ac.uk/students/study-resources/tdc/

9.4 Career Hub
Find hundreds of part-time jobs, internships and graduate vacancies, book on to careers events and workshops, take career assessments, practice your interview skills, build your CV, and connect with employers on CareerHub+, the online Essex careers and jobs portal. Login with your Essex IT ID and password. //careerhub.essex.ac.uk/students

9.5 Frontrunners
Challenge yourself. Frontrunners is Essex’s unique on-campus work placement scheme for students. You’ll get the chance to work on real projects in real workplaces and develop real skills for you to brag about on your CV. You’ll get fully trained in your role and you’ll get paid for it. www.essex.ac.uk/frontrunners/

9.6 Student Ambassadors
Be a Student Ambassador and make a difference to others and make a difference on your CV! Student Ambassadors help to promote the University and higher education. You’ll be a valued part of the Student
Recruitment and Outreach teams. Keep an eye out for Student Ambassador vacancies on CareerHub+ in January.
www.essex.ac.uk/careers/job_hunting/on_campus

9.7 Volunteering
Join the vTeam and be the difference. There are plenty of opportunities to volunteer during your time at Essex. The vTeam, run by the Students Union, is a fantastic opportunity to meet new people, make friends, give something to the local community, and gain valuable skills.
www.essex.su/vteam

9.8 Big Essex Award
The University’s employability award is a guaranteed way to help you stand out from the crowd, get recognition for all your extra-curricular activities and help you to identify and evidence your skills and experience to employers. Over 100 activities are included, so sign up and get started!
www.essex.ac.uk/careers/bige

9.9 Essex Interns
Essex interns create paid internships exclusively for you as an Essex student. They’re flexible too; part time during term time or full time in vacations. You can even take part up to three years after you graduate, as part of our Essex graduates support package. Sign up for Essex Interns to kick-start your career.
www.essex.ac.uk/careers/internships

10.1 **Student Services Hub, including contacts for disability/SpLD**
Please see section 3.13.1 Disability and emotional wellbeing

If you need practical advice, a confidential conversation, or general information and guidance on University life, no matter what the issue is, the Student Services Hub is the place to go. Ask us about health and well-being, accommodation, money matters and much more. Your questions matter and you’ll get answers from our team of experts.

Colchester: askthehub@essex.ac.uk / 01206 874000
Southend: askthehub-sc@essex.ac.uk / 01702 328444
Loughton: askthehub-lc@essex.ac.uk / 020 8508 5983

www.essex.ac.uk/students/contact/

10.2 **Wellbeing, counselling and confidential issues**
Your Student Services Hub provides advice, information and support on a range of health and wellbeing issues.
www.essex.ac.uk/students/health-and-wellbeing

**Money matters**
If you get into financial difficulty get help and talk to someone as soon as possible. The sooner your problem is identified, the sooner it can be solved. Advisers in our Student Services Hub and our independent SU Advice Centre can listen and talk you through the issues.
http://www.essex.ac.uk/fees-and-funding/money/
http://www.essexstudent.com/advice/money/

10.3 **Harassment advisory network, dignity and respect**
We are Essex. We encourage a culture of dignity and respect. We’re committed to upholding an environment that's free from any form of harassment or bullying. Though rare, these incidents can occur and if they do our network of trained harassment advisors are on hand to help.
www.essex.ac.uk/equality
www.essex.ac.uk/equality/harassment
www.essex.ac.uk/students/new

10.4 **Religion, faith and beliefs**
We’re proud of our vibrant and diverse multicultural community and we recognise and support the many different religions and beliefs on campus. The calm, friendly and supportive atmosphere in our Multi-Faith Chaplaincy is a welcoming place for staff, students and the wider community to meet, interact and engage with each other.
www.essex.ac.uk/students/experience/mfc

10.5 **Nightline**
Established at Essex in 1970, Nightline is a friendly help and support service run by students, for students. We work under strict confidentiality ensuring complete anonymity, and we’re always willing to listen. From tea and toast to campbeds, whether you’re waiting for a taxi, need a revision break, or just want to chat, pop in or call us.
www.essex.ac.uk/students/health-and-wellbeing/nightline
10.6 Health and safety on campus
Our campuses are generally very safe environments. We want to ensure that things stay this way. In order to achieve this we work closely with local agencies including the police and borough councils. Take a look at our website for general advice and information.
https://www1.essex.ac.uk/students/experience/safety.aspx

Please read the emergency evacuation notice in your accommodation, work or study location for fire safety procedures. If you have a permanent or temporary disabilities that may mean you have difficulty in evacuating one or more areas, you can arrange for a Personal Emergency Evacuation Plan (PEEP).
www.essexstudent.com/safetybus
www.essex.ac.uk/students/campus/emergency
www.essex.ac.uk/health-safety/fire/peep

10.7 Residence Life
Our Residence Life team is here to help you settle in and support you during your time living on campus. Each residents’ assistant (RA) is assigned an area and will aim to get to know you and organise a range of social activities. Plus they can help if you’ve got any concerns or complaints. Residence Life operates outside of office hours when other University support services are closed.
www.essex.ac.uk/accommodation/support/reslife

10.8 Health Centre
If you’re studying on a course for more than six months, you’re required to register with a local doctor. Our Colchester Campus has its own health centre or you can use the NHS Choices postcode finder to find your nearest doctor.
www.rowhedgesurgery.co.uk
www.nhs.uk

10.9 Students’ Union Advice
Our SU Advice service offers free, confidential, independent and impartial advice on many issues that might be affecting you. Our friendly, trained staff are on hand to support you throughout your time at Essex. You can speak to us about Academic processes and procedures, representation at University meetings, Tier 4 UK visa extensions, housing, complaints, welfare and consumer issues.
www.essex.su/advice
Colchester students - suadvice@essex.ac.uk, 01206 874034
Southend students – suacsou@essex.ac.uk, 01702 328235 (term time only)
Loughton students – suaclou@essex.ac.uk, 01206 874034

10.10 University Privacy Statement
Under the Data Protection Act 1998, any individuals about whom the University may be holding personal data have the right to access the data that is being held about them. Full details about how this works, and how to request such information are available on the Records Management web pages, see: ‘How to access your personal data’.
www.essex.ac.uk/website-privacy
www.essex.ac.uk/records_management/request
Section 4: Essex Matters

11. The Essex Experience

11.1 The Essex Student Charter
Our Student Charter is developed by the University of Essex and our Students' Union as a part of our ongoing commitment to create an outstanding environment that offers the highest standards of teaching, research and support in an international and multi-cultural community.

www.essex.ac.uk/students/experience/charter

11.2 Freedom of speech policy and Code of Conduct
For regulations relating to the Code of Student Conduct, see the University's website:
www.essex.ac.uk/students/study-resources/handbooks/default.aspx
https://www.essex.ac.uk/governance/regulations

11.3 Essex Spirit, social media and other channels of communication with students
Keep up-to-date with important news, events and offers from across the University with our Essex Spirit blog. Go to our email lists to subscribe to the fortnightly e-bulletin.
http://blogs.essex.ac.uk/essensespirit/
www.essex.ac.uk/students/new/

We have more than 60 Facebook pages, including one for each department. We’re also on Twitter.
www.facebook.com/uniofessex/
https://twitter.com/Uni_of_Essex

Our ‘What’s on?’ calendar brings together all the events happening across our three campuses, so you can make the most of your time at Essex.
http://www.essex.ac.uk/events

11.4 Students’ Union
We’re famous for our Students’ Union at Essex, and for good reason. Here you’re not just a member of a normal Students’ Union, you’re part of a family. We’re here to cheer you on as you walk into exams and to help you absolutely destroy the competition in interviews and land your dream job. The Students’ Union is run by students for students, and you have the ability to shape what we do. From suggesting what we serve in our venues, to changing aspects of your course, we are here to represent you and work with you to make amazing things happen. There are opportunities to join 45 different Sports Clubs, to get involved with our BUCS teams which offer a wide individual championships programme of activities taking place across the year and lots of competitions take place on Wednesdays and weekends, or if you don’t want to commit to a regular team check out our Just Play programme of activities.
We have 120 existing Societies where you can meet people with similar interests, challenge yourself with something new or, if you can’t find what you’re looking for, start your own society!
Furthermore, we have our very own letting agency SU Homes designed to offer help and support for students to find off campus accommodation.
Say hello and find out more at essex.su

11.5 Alumni
Essex is forever and although your time here will fly by, you’ll be part of this place for life. When you graduate, you’ll get an alumni card and join a community of 100,000 fellow graduates around the world.
We'd love to keep in touch and invite you to our alumni events, networking and volunteering opportunities, as well as offer you special alumni benefits. alumni.essex.ac.uk/home

11.6 What comes next?
Choosing to be a **postgraduate research student** at Essex is one of the few decisions in life that's black and white. Our research degrees include PhD, MPhil, MSc, MA and MD, and our culture of world-class research provides an outstanding and supportive environment in which to undertake your research study. If you decide to stay on for further study with us, you'll have a great opportunity to study a challenging course within a research-intensive and supportive environment. You'll develop knowledge in your chosen area and learn from some of the top academics in the field, while becoming a valued member of our postgraduate community. Explore our courses on our coursefinder, and find out more about the value of being a postgrad.
www.essex.ac.uk/phd
www.essex.ac.uk/coursefinder
12. Links and Further Useful Information for Students in the School of Sport, Rehabilitation and Exercise Sciences

12.1 School Procedures Relating to Absence and Illness for Pre-Registration/CPD students
Attendance requirements for pre-registration programmes are specified by regulatory bodies. If a student is unable to meet these requirements they may be ineligible for the award they are studying for and will be unable to become a registered practitioner. Please see programme specific information for details.

Procedure for managing late, partial or poor attendance
This procedure is designed to clarify the process for managing poor attendance for teaching events and placements. Poor attendance is defined as late or partial attendance or complete absence from a teaching event or placement.

As part of attendance monitoring processes, module supervisors will report incidents of poor attendance to the student’s personal tutor and the programme lead. Three occasions of poor attendance in a module (non-, late or partial attendance) without acceptable corroborating or explanatory evidence will normally be deemed unacceptable and will trigger this procedure. A tutorial will be scheduled for the earliest possible opportunity to explore the reasons for poor attendance. Students will be made aware of the possible consequences of continued poor attendance behaviour and will normally be given a verbal warning in the first instance. Notification that a verbal warning has been given will be placed on the student’s file.

If a second incidence is identified, a tutorial will be scheduled with the programme lead and a written warning will be issued. A copy of the warning will be placed on the student’s file.

Any further incidences or if the student fails to attend any meeting relating to their attendance, the programme lead will initiate the fitness to practice process.
12.2 Confidentiality Policy
Any potential breaches in confidentiality will firstly be discussed within programme teams and referred to the Head of School for advice.
12.3 Guidance re Pandemics for healthcare students at the University of Essex

Any situation regarding a pandemic is dynamic and guidance will be released as any situation progresses. The following guidance is to ensure you are aware of the expectations we would have of you if such an eventuality arose:

1. Please follow government (Department of Health), University of Essex, and regulatory body guidelines and policy.

2. Whilst undertaking your placements your supernumerary status must be maintained.

3. You must continue to work (directly or indirectly) with a mentor/ practice teacher.

4. If, due to staff shortages on placement you have difficulties with spending sufficient time working with your mentor or practice educator you must contact your link lecturer/visiting tutor.

5. Students who have joined bank/ agency organisations to get paid work as HCAs may be asked to work more frequently. It is important for students to recognise that this work must not be undertaken at the expense of their studies. This paid HCA work will not count as 'practice hours'.

6. Wherever possible placements will not be interrupted or terminated, however students must follow guidance regarding attendance at hospital if they are personally experiencing symptoms. Any student requiring sick leave must inform their mentor/ placement and the programme administration team at the earliest opportunity.

Our key priority during any potential pandemic is that professional standards, regulations and health services are maintained and we play a significant role in this. We will of course update advice and guidance as required, but please contact your link lecturer/visiting tutor if you have any further questions regarding this matter.

Reviewed August 2017

Jo Jackson, Dean of Health
12.4 Lone Working Policy – School of Sport, Rehabilitation and Exercise Sciences

1. PURPOSE
1.1 This document will outline the policy for lone working within the School of Sport, Rehabilitation and Exercise Sciences (SRES) and procedures that must be adhered when it is taking place within a research capacity.

2. SCOPE
2.1 This must be followed by all individuals that is conducting research within a laboratory setting within SRES. This includes but is not limited to; MSc taught and research students, PhD students and Academics

3. POLICY STATEMENT
3.1 If lone working is required to take place to facilitate research activity within a laboratory within SRES this must be clearly stated in the ethics application

3.2 Lone working must be assessed as part of the research risk assessment

3.3 A qualified first aider must be accessible during all times of testing

3.4 Laboratory documentation must be filled in whenever lone working is taking place

4. PROCEDURES TO FOLLOW
4.1 Highlight lone working on risk assessment and how you are going to minimise any risks to yourselves or participants while research is being undertaken.

4.2 If the researcher is not first aid trained themselves, they must make themselves familiar with the closest point of contact if they need assistance

4.3 The researcher must know how to follow the emergency procedure to raise the alarm with campus security if the emergency services are required

4.4 Researchers must ensure participants are aware of their closest emergency exits within the laboratory

4.5 The researcher must know where AED is located.

4.6 The lone working book located by the front door of the laboratories must be filled in, in full (who, when, where, contact information), whenever lone working is taking place