This map highlights cycle routes around east Colchester linking the University to key destinations such as University accommodation, the town centre and Hythe station.

Also highlighted are routes along Salary Brook, Distillery Lane/Bourne Mill, the Wivenhoe Trail and Rouledge Trail and to Castle Park, great routes to explore in your free time.
University of Essex support for cyclists

2nd hand bikes for sale at Freshers Fair – Saturday 4 October from midday
Re-cycle will be selling refurbished 2nd hand bikes at reasonable prices. Also visit the sustainable transport stall for information and advice on cycling locally.

Re-Cycle - servicing, repairs and second-hand bikes
The charity Re-Cycle visits the Colchester Campus every Wednesday morning in term time from 8.30am. As well as free checks they provide servicing, repairs and affordable second-hand bikes. The first session will be on 1 October between 08:30 am and 14:30 pm between Squares 4 and 5.

New to cycling or simply new to cycling in the UK?
Come along to a Wednesday session in October and find out more about cycling safely to and around campus.

For questions and to book your place on any of the sessions email Emily at cyclecolchester@gmail.com or call 01206 506476. Alternatively, you can take your chances and just turn up, however, be aware we might have to turn you away if we are full as places are limited

INTERNATIONAL STUDENTS – New to cycling in the UK? Come along on a short ride highlighting essentials inc. shared v segregated paths, road signs, elephant feet and UK highway code.
15 October 2.00 pm - 3.30 pm
22 October 2.00 pm - 3.30 pm

WOMEN ONLY – Confidence building rides. Learn a self help basic bike safety check followed by a short, gentle, off-road ride with guidance and support on signalling, cycle paths, gears and the UK Highway Code.
15 October 1.00 pm - 2.30 pm
29 October 2.00 pm - 3.30 pm

FOR EVERYONE – Confidence building ride. Learn a self help basic bike safety check followed by a short, gentle, off-road ride with guidance and support on signalling, cycle paths, gears and the UK Highway Code.
22 October 1.30 pm – 3: 00pm

‘SEE ME’ – Cycling in the winter months. Learn a basic bike safety check, find out about the UK law on riding at night, advice about riding in the dark and during the winter, followed by a short ride in the twilight.
22 October 4.30 pm – 6.00 pm
29 October 5.00 pm – 6.30 pm

FREE high visibility accessories for everyone who comes along plus be entered into a FREE prize draw where two sets of lights are up for grabs.

QUIET ROUTE TO TOWN CENTRE via Tesco Hythe. The total distance is about 6 miles ( 9.6 km).
29 October 2:00 pm – 4:00 pm

University Cycle Watch
Get your bicycle security tagged for £2. This includes putting a microchip in your bike’s mainframe linked to a national data base. If your bike is stolen and recovered it makes it easier for the police to return it to you. Enrol on the scheme at the Estate Management Helpdesk. For more details contact travel@essex.ac.uk

STAFF ONLY – Cyclescheme
Cyclescheme deducts the cost of a new bike and equipment from your gross salary, enabling staff to save up to 40 per cent. Find out more at www.cyclescheme.co.uk