Encourage Study Abroad
To broaden perspectives
To develop cultural insight
To add an international dimension

Make the most of the E&CC

Work in partnership with us
- By promoting our events
- By referring students for career guidance
- By signposting to our website and resources

Promote work experience
- The frontrunners placement scheme
- The Inspiring Internships programme
- The Big e
How to... make the most of the Employability and Careers Centre

Work in partnership with us
Did you know that your faculty has a dedicated Careers Adviser from the E&CC? You can get advice from Careers Advisers on embedding careers and employability in the curriculum, and making sense of the graduate labour market and DLHE data. Careers Advisers can also deliver employability-related sessions with undergraduate and postgraduate students in your school or department.

In addition, the E&CC:
- Offers one-to-one support for students and graduates;
- Runs a wide range of events, many with employers, including the annual ‘Options’ careers information and recruitment fair;
- Has an Information Team, a specialist website (www.essex.ac.uk/careers), and resources and publications that students can use in the centre and take away.

Promote work experience
Employers want graduates with more than just a degree. The frontrunners placement scheme explicitly links the skills students develop while studying to the skills expected by employers through professional, paid work placements within the University.

There are also internships available. In addition to degree-related placements that your Faculty Employability Coordinator can help with, Inspiring Internships in the E&CC can help current students and recent graduates to find paid extracurricular placements and internships with employers locally, nationally and internationally. Look out for the Big E, too, which promotes all the extra-curricular opportunities available to students at www.essex.ac.uk/bige.

Encourage study abroad
Studying abroad can be a life changing experience: taking students out of their comfort zone; challenging them; developing their independence and self-reliance; broadening their experiences and skills to really improve their career prospects.

The Study Abroad Office, which is part of the Office for International Affairs, is able to arrange for undergraduate or postgraduate students to spend time at a variety of institutions across the world. Students’ studies are approved by their school or department, taught and assessed by the host university, and integrated into their studies at Essex. The majority of partner universities teach in English, so speaking a foreign language may not be necessary.

Tip: Encourage students to keep an eye on facebook (/internshipsessex), and if you have an idea for a degree-related placement, or employers you’d like placements with, why not speak to your Faculty Employability Coordinator?

Tip: The Study Abroad Office runs briefing and information events throughout the year, so check the website www.essex.ac.uk/studyabroad or contact the office (e-mail ‘saoadmin’) to learn more.

Look out for further employability themed postcards with more information on making the most of the E&CC. E-mail ‘careers’. Phone ext 2494.