

NORTH ESSEX PARTNERSHIP FOUNDATION NHS TRUST

Job Description

Post Title:	Trainee Clinical Psychologist
Service Hours:	The post holder will be expected to work flexibly in line with the normal hours of operation required by the training programme and host placement Trusts.
Responsible to:	Nominated member of staff from the training programme and assigned placement supervisor(s).
Accountable to:	Area Lead Psychologist or designated manager in NEPFT
Location:	University programme location will be the normal place of work. Placement locations will vary during the course of the training programme.
Job Purpose:	To undertake a Programme of professional training leading to a Doctorate in Clinical Psychology by means of the successful completion of the designated clinical placements and clinical, research and academic assignments

Principal Duties:

CLINICAL

1. To undertake clinical placements throughout the region as advised by the Course Director and Tutors, and in accordance with BPS and HPC requirements.
2. To undertake psychological assessments of clients applying psychological, including neuropsychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care.
3. To formulate and deliver care plans involving the psychological treatment and/or management of a client's problems, under the supervision of a qualified professional psychologist, in both community and in-patient/residential settings.
4. To coordinate and lead therapeutic groups.
5. To complete all clinical assignments and tasks as indicated in the Programme and Assessment Regulations Handbook to the required standard.
6. To complete a log book of experience gained on placement.

7. To attend clinical supervision meetings with their allocated supervisor whilst on placement.
8. To become familiar and comply with the policies and procedures of the Trust or department providing the placement.

ACADEMIC

1. To attend all lectures, workshops and other training events arranged by the Programme.
2. To complete all academic assignments and tasks as indicated in the Programme and Assessment Regulations Handbook to the required standard.

RESEARCH

1. To attend all lectures and other training events arranged by the Programme.
2. To complete all research assignments and tasks as indicated in the Programme and Assessment Regulations Handbook.
3. To disseminate the results of research within the NHS.

HEALTH AND SAFETY/CLINICAL RISK

1. To maintain awareness of health and safety issues and clinical risk and ensure that any matters of concern are reported appropriately.
2. To be aware of the active duty of care owed to clients and the need to respond appropriately to evidence of abuse.

OTHER RESPONSIBILITIES

1. To work within the professional practice guidelines, codes of conduct and ethics for clinical psychologists published by the British Psychological Society and the HPC.
2. To promote equal opportunities and to comply with the requirements of legislation and the Trust's and Universities' policies and procedures.
3. To participate in the training review and appraisal process.
4. To participate in the fortnightly reflective practitioner and/or case discussion group.

5. To travel to placement locations anywhere in Essex and occasionally beyond. Time taken to travel to and from placements is not part of the contracted hours.
6. To carry out other duties as may be agreed with the Programme Director and team.

GENERAL TRUST REQUIREMENTS (Adapted to Programme Procedures)

1. To fully participate in the Trust's performance review and personal development planning process on an annual basis.
2. To identify, assess and manage clinical and non clinical risks/hazards in your area through the completion of the relevant risk assessments and the implementation of risk treatment plans for inclusion in the local and Trust's risk registers through the Risk Management department
3. To contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes, in consultation with the postholder's professional and team/operational manager(s).
4. To maintain the highest standards of clinical record keeping and report writing in accordance with professional codes of practice of the British Psychological Society and Trust policies and procedures.
5. To adhere to Trust policies on data entry using Carebase and IM&T security policies and attend training as required.
6. Undertake training as necessary in line with the development of the post and as agreed with line manager as part of the personal development planning process.
7. To contribute positively to the effectiveness and efficiency of the teams in which he/she works.
8. To undertake any other duties at the request of the line manager which are commensurate with the role, including project work, internal job rotation and absence cover.
9. To contribute to a healthy and safe working environment by adhering to health and safety regulations and Trust policies.

North Essex Partnership NHS Foundation Trust is a 'No Smoking' Trust.

North Essex Partnership NHS Foundation Trust has an Equal Opportunities policy. All employees are expected to observe this policy in their behaviour to the public and their colleagues.

North Essex Partnership NHS Foundation Trust does not permit the consumption of alcohol during working hours.

On appointment within the Trust staff may be allocated to a specific area of care. It is however Trust policy to allocate staff to other areas of work within the Trust from time to time where this is in the interest of the individual and the service.

Please note that this job description serves to provide an illustrative example of the duties and responsibilities the post holder may be expected to undertake during the course of their normal duties. It is not therefore an exhaustive list, the post holder will therefore be required to undertake other responsibilities and duties that are considered to be commensurate with the band.

PERSON SPECIFICATION

Job title: - Trainee Clinical Psychologist

	<i>ESSENTIAL</i>	<i>DESIRABLE</i>	<i>HOW TESTED</i>
TRAINING & QUALIFICATIONS	An upper second class honours degree or higher in psychology. Entitlement to graduate membership of the British Psychological Society A further period of study and/or experience equivalent to at least post-graduate diploma level in applied psychology or research.	Masters degree or PhD in relevant areas of professional psychology, mental health practice and/or research design and analysis.	Evidence of examination results
EXPERIENCE	A minimum of one year's experience working with people with mental health problems and/or other disabilities as an assistant psychologist or equivalent.	2 to 3 years experience of further paid work in direct care provision.	Interview/application form/references
KNOWLEDGE AND SKILLS	<p>High level communication skills (written and verbal) including an ability to communicate and work in settings in which the atmosphere may be highly emotive.</p> <p>Ability to communicate highly complex and sensitive information to patients, carers and colleagues in a way that addresses psychological resistance.</p> <p>A thorough understanding of the needs and difficulties of people with mental health problems or other disabilities.</p> <p>Accurate use of complex psychological assessment tools</p> <p>An ability to apply existing psychological knowledge to a mental health/disability context</p> <p>An understanding of psychology applied to health care.</p> <p>High standard of report writing.</p>	Experience using computers for databases or data-analysis, especially SPSS for Windows.	Interview/application form/references

<i>PERSONAL</i>	<p>An ability to interact effectively with staff from all disciplines. An ability to interact with people with mental health problems /disabilities.</p> <p>Ability to work independently, reliably and consistently with work agreed and managed at regular intervals.</p>		Interview/ application form/references
<i>OTHER</i>	<p>Ability to accept and use supervision appropriately and effectively.</p> <p>Ability to travel to placements and conduct professional activities at locations anywhere in Essex and occasionally beyond.</p>	Car driver	Interview/ application form/references