If your plug looks like this...

USA, Canada, Central America, Japan
India, Sri Lanka, Nepal and Namibia
Denmark
Australia, New Zealand, Argentina
Israel
South Africa
Italy
Switzerland
Brazil
Europe, some parts of the Middle East, Africa and South America, central Asia, and Soviet republics

You need this Worldwide travel adaptor

If your plug looks like this...

France, Belgium, Poland, Slovakia, the Czech Republic, Tunisia and Morocco
Europe, some parts of the Middle East, Africa and South America, central Asia, and Soviet republics
Germany, Austria, the Netherlands, Sweden, Norway, Finland, Portugal, Spain and Eastern Europe

You need this European travel adaptor

Important notes: These adaptors do not convert electric current. Before connecting to the UK mains supply, check that your electrical equipment operates between 220-240 Volts 50 Hz and your plug is compatible with the type of adaptor. If a particular plug is not shown and you are unsure which adaptor to use, seek advice. See www.essex.ac.uk/ohsas/electricity for guidance on Electrical Safety and Points of Contact.