



Bion and Winnicott: Is there a difference between 'holding' and 'containing'?

**Nicola Abel-Hirsch and Jan Abram,
Introduced by Bob Hinshelwood, Chaired by Karl Figlio and Nick Temple**

"Contemporaries Winnicott and Bion are often coupled together as the originators of the terms 'holding' (Winnicott) and 'containing' (Bion). These two terms, whilst strikingly similar on the surface, derive from different assumptions. The conference is intended to throw a robust light on their differences and convergences."

Bob Hinshelwood

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Nicola Abel-Hirsch is the 2013/2014 Visiting Professor at the Centre for Psychoanalytic Studies, University of Essex. She is a Fellow of the Institute of Psychoanalysis, and works in private practice. She has written widely on Bion and is the editor of Hanna Segal's last book *Yesterday, Today and Tomorrow*.

Jan Abram was Visiting Professor (2011-13) and is presently Honorary Professor for the Centre for Psychoanalytic Studies, University of Essex. She is a Training and Supervising Analyst of the Institute of Psychoanalysis and works in full time private practice. Amongst her publications are: *The Language of Winnicott* (1996;2007), Karnac Books, and *Donald Winnicott Today* (2013) for the New Library of Psychoanalysis, Routledge.

Location: University of Essex,
Colchester Campus

Cost: £75 for the day (£55
students/unwaged)

**For booking and registration
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