What is the Big Essex Award?

The Big Essex Award is the University of Essex’s Employability Award run by the Employability and Careers Centre. Quite simply, it aims to help identify the skills you have developed over your time at Essex so that you can show future employers why they should hire you.

The award will recognise the extra-curricular and voluntary activities that you complete during your time at the University of Essex, both on and off campus. The University will formally recognise your achievements by displaying the highest level that you achieve and all your activities on your HEAR (see page 19 for more information on the HEAR).

Happy birthday to us - The Big Essex Award is 5 this year! We have a record number of new activities this year so there’s no excuse not to start your Big Essex Award now.

Why should I get involved?

As the job market becomes more competitive for graduates the Big Essex Award offers something different to add to your CV and helps you stand out from the crowd. Ask yourself, ‘why wouldn’t I want to get involved’?

Not only does the Big Essex Award provide recognition for all your on and off campus extra-curricular activities and work experience during your time at the University, it also aims to help you to identify and evidence the skills you have developed to employers. Our aim is to get you in the best possible position for when you start looking for employment.

So far over 3000 students have completed the Big Essex Award, so why not join them now?

ABOUT THE BIG ESSEX AWARD

“CMI are delighted to continue to support the Big Essex Award. It is an excellent programme and helps students at the university demonstrate the skills that employer are looking. This provides the students with a unique advantage enabling them to choose the career path they want.”

Keith Richardson
Head of Higher Education Partnership Development
Chartered Management Institute
Can anyone complete the Big Essex Award?

Yes! Any student who is registered at the University of Essex can sign up to, and complete the Big Essex Award. There is no sign up deadline and you have until 4 May of your graduating year to complete the award. This deadline gives us enough time to approve all your units and include it on your HEAR.

The highest level that you achieve during your time at the University of Essex will be displayed on your HEAR, along with all your individual units.

How do I sign up?

Ok, we know you really want to get started, so what next? You can sign up to the Big Essex Award on CareerHub. Just follow these simple steps:

1. Go to CareerHub.essex.ac.uk. Log in with your student login and password (If this is your first time logging in to CareerHub you will need to answer a few questions about the careers you would like to hear about).
2. On the CareerHub homepage click on the Big Essex Award page.
3. Go to ‘Log my Big Essex Award units’.
4. Select the unit that you have completed.
5. Fill out all elements of the form to the greatest level of detail that you can provide (if you do not provide enough detail about your activity your form will not be accepted)
6. Submit the form

When you have submitted the form it will show as pending until the unit verifier has approved your submission.

When the form has been approved the unit will be added to your Big Essex Award workflow.

How do I log my units?

Once you have completed the unit criteria you need to log your unit by following these steps:

1. Go to careerhub.essex.ac.uk
2. Log in with your student login and password.
3. On the CareerHub homepage click on the Big Essex Award page.
4. Go to ‘Log my Big Essex Award units’.
5. Select the unit that you have completed.
6. Fill out all elements of the form to the greatest level of detail that you can provide (if you do not provide enough detail about your activity your form will not be accepted)
7. Submit the form
8. When you have submitted the form it will show as pending until the unit verifier has approved your submission.
9. When the form has been approved the unit will be added to your Big Essex Award workflow.

Please note: a supervisor for your unit will be contacted when you submit this form. The supervisor will verify if you have completed the unit criteria for that activity.

How do I complete the Big Essex Award?

The Big Essex Award is made up of three different levels. Each level requires you to gain a number of units to complete that level:

Bronze 50 units
Silver 100 units
Gold 150 units

The units for each award can be achieved by completing a variety of different activities which are listed in section two, along with their unit value.

It's simple - to complete each unit you will need to complete the unique criteria for that unit. Once you have achieved the unit criteria, log this unit on CareerHub through your Big Essex Award workflow. Once this is approved by the activity verifier you will have completed that unit.
“I am very pleased that I have completed a Silver Level of the Big Essex Award and received a Community Impact Award. This Award is very important to me since it recognises my activity as a Peer Mentor and a Street Law Project leader. I feel that my work is appreciated and that I have made the life of the local community a bit better. I feel satisfied and needed by the society. The Award is also a good way for me to convince the employers that both society and I realise that the work I have done has been remarkable and useful as well as had a good impact on the community. I believe the Big Essex Award can help a student reveal necessary employability skills they might have but not be able to recognise and explain to employers. It can also encourage a student to try new activities that may help them become more employable and meet new people. I would recommend signing up for the Big Essex Award!”

Alisa Beljankova
LLB Law (including Year Abroad) student.

“The Big Essex Award is an important milestone in my personal development, as I was able to develop my soft skills and to network with very important people from the university which helped me in building my business. The Big Essex Award path is something each student should think of doing as it will definitely help them in their future careers.”

Andrei Duma
Financial Economics and Accounting student.
What activities count towards the award?

There are so many exciting activities and opportunities that count towards the Big Essex Award. These are a mixture of on and off campus activities and opportunities to give you choice and flexibility. Each unit has a unique set of criteria that you need to complete in order to obtain that unit. Units worth 25 have a skill identification exercise to complete through CareerHub while units worth 50 have a skill identification and reflection exercise. This is to help you make the most of your activity and make sure you are identifying and selling the right skills to employers.

We want you to get the most out of your Big Essex Award experience so for that reason each unit can only be submitted once towards your Big Essex Award.
ACCOMMODATION REP
Accommodation Rep – 25 units
This unit requires you to have completed:
■ A minimum of 4 shifts in one academic year

ACCOUNTANCY INSIGHT
Accountancy Insight – 25 units
This unit requires you to have completed:
■ A minimum of 25 hours of workshops, employer experiences and meetings with the Accountancy Insight team.

ADVICE CENTRE
Advice Centre Volunteer Assistant Advisors – 25 units
This unit requires you to have completed:
■ A minimum of 25 hours over one academic year
■ A full training programme
■ A training log
Advice Centre Case Worker – 50 units
This unit requires you to have completed:
■ A minimum of 50 hours over one academic year
■ A training programme
■ A training log

CAREER MENTORING
Career Mentoring – 25 units
This unit requires you to have completed:
■ Compulsory initial appointment and feedback sessions
■ Compulsory training
■ A minimum of 6 contact hours with your mentor
■ Your follow-up actions as agreed with your mentor

CERTIFICATE IN SUSTAINABLE PRACTICE
Certificate in Sustainable Practice – 50 Units
This unit requires you to have completed The Sustainable Practice Certificate

CHALLENGE ESSEX
Challenge Essex – 25 units
This unit requires you to have completed the full Challenge Essex programme.
Challenge Essex Winners Bonus – 25 units
This unit requires you to have completed:
■ A minimum of 25 hours spent implementing the winning Challenge Essex team’s solution.

COMMUNITY VOLUNTEERING
Community volunteering – 25 units
This unit requires you to have completed:
■ A minimum of 25 hours of volunteering on or off campus (not organised through vTeam).
Community volunteering – 50 units
This unit requires you to have completed:
■ A minimum of 50 hours of volunteering on or off campus (not organised through vTeam).

COURSE REP
Course Rep – 25 units
This unit requires you to have completed:
■ Initial training
■ Attended all required university meetings (minimum of 3)
■ A minimum of 12 hours course rep contact time over one academic year
Course Rep (returning) – 25 units
This unit requires you to have completed:
■ Initial training
■ Attended all required university meetings (minimum of 3)
■ A minimum of 12 hours course rep contact time over one academic year

CROWDFUNDING
Group Project Initiator – 25 units
This unit requires you to have completed:
■ Worked as part of a team, club or society to create, design and successfully fund a project.
■ Attend at least 1 Click workshop
Individual Project Initiator – 50 units
This unit requires you to have completed:
■ To take the lead of the project. This includes creating an account on the crowdfunding platform, present your project/idea in a creative and innovative way, create your own videos and rewards scheme, find sponsors, promote your campaign and achieve fundraising target.
■ Attend at least 1 Click workshop

DUKE OF EDINBURGH
Duke of Edinburgh – 25 Units
This unit requires you to have completed:
■ A minimum of 25 hours spent towards obtaining your Duke of Edinburgh Award.
Duke of Edinburgh – 50 Units
This unit requires you to have completed:
■ A minimum of 50 hours spent towards obtaining your Duke of Edinburgh Award.
EBS STUDENT ENGAGEMENT TEAMS

SET Connect – 25 Units
This unit requires you to have completed:
- A minimum of 25 hours of work either as a SET PAL, SET CONNECT or SET MENTOR.

EMPLOYABILITY AMBASSADOR

Employability Ambassador – 25 Units
This unit requires you to have completed:
- Students must have completed a minimum of 25 hours as an Employability and Careers Centre Employability Ambassador

ENACTUS

Enactus Entrepreneurial Management – 25 units
This unit requires you to have completed:
- Be a registered member of Enactus
- 5 hours of training (Enactus UK training and SU training)
- 5 hours of project work or project support work for Enactus
- 5 hours of meeting (general meetings of Enactus)
- 7 hours of marketing and fundraising for Enactus
- 3 hours attending Enactus events on campus (e.g. Taste of Enactus, Take Out, Ignite)

Enactus Entrepreneurial Management – 50 units
This unit requires you to have completed:
- Be a registered member of Enactus
- 5 hours of training (Enactus UK training and SU training)
- 10 hours of project work or project support work for Enactus
- 10 hours of meeting (general meetings of Enactus)
- 10 hours of marketing and fundraising for Enactus
- 10 hours of Enactus ambassador work
- 5 hours attending Enactus events on campus (e.g. Taste of Enactus, Take Out, Ignite)

Entrepreneurial Activities

Essex Start-Up Bootcamp – 25 units
This unit requires you to have completed:
- The Essex Start-Up Bootcamp
- A business plan.
- The Big Pitch event

Enterprise 24 hour challenge – 25 units
This unit requires you to have completed:
- Attend entire 24 hour hackathon
- Complete the given challenge

ESSEX ABROAD

Summer Schools Abroad – 50 units
This unit requires you to have completed:
- Apply for and successfully take part in a variety of organised and promoted extra-curricular programmes abroad with Essex Abroad or organised by yourself.
- Duration of the programme should be at least 2 weeks/14 days.
- Attend any required pre-departure events and maintain regular contact with Essex Abroad.

International Internships – 50 units
This unit requires you to have completed:
- Apply for and successfully take part in a variety of organised and promoted extra-curricular programmes abroad with Essex Abroad or organised by yourself.
- Duration of the programme should be at least 2 weeks/14 days.
- Attend any required pre-departure events and maintain regular contact with Essex Abroad.

Volunteering Abroad – 50 units
This unit requires you to have completed:
- Apply for and successfully take part in a variety of organised and promoted extra-curricular programmes abroad with Essex Abroad or organised by yourself.
- Duration of the programme should be at least 2 weeks/14 days.
- Attend any required pre-departure events and maintain regular contact with Essex Abroad.

ESSEX INTERNS

Essex Interns – 50 units
This unit requires you to have completed:
- A paid internship organised through Essex Interns (minimum 50 hours)

ESSEXLAB (SOCIAL SCIENCE EXPERIMENTAL RESEARCH)

ESSEXLab (Social Science Experimental Research) – 25 units
This unit requires you to have completed:
- A minimum of 25 hours volunteering with ESSEXLab

ESSEX LAW CLINIC

Essex Law Clinic Activities – 25 units
This unit requires you to have completed:
- Full training programme
- A minimum of 25 hours in Law Clinic activities over one academic year
**FACULTY CONVENOR**

**Faculty Convenor – 50 units**
This unit requires you to have completed:
- Initial training
- All required university meetings (approx 12)
- A minimum of 20 hours course rep contact time over one academic year

**GREEN IMPACT VOLUNTEER**

**Green Impact Volunteer – 25 units**
This unit requires you to have completed:
- Minimum of 25 hours volunteering over one academic year

**FRONTRUNNER**

**Frontrunner – 50 units**
This unit requires you to have completed:
- Professional work skills part 1 and 2
- All placement hours
- A placement evaluation and reflective report

**Frontrunner plus – 50 units**
This unit requires you to have completed:
- Professional work skills part 1 and 2
- All placement hours
- A placement evaluation and reflective report

**HISTORY DEPARTMENT LIBRARY VOLUNTEER**

**History Department Library Volunteer – 25 units**
- Minimum of 25 hours volunteering over one academic year

**INTERNSHIPS**

**Internships – 25 Units**
This unit requires you to have completed the following:
- Students will find their own internships and will work for a minimum of 25 hours in this internship.

**Internships – 50 Units**
This unit requires you to have completed the following:
- Students will find their own internships and will work for a minimum of 50 hours in this internship.

**GOVERNMENT ANNUAL STUDENT CONFERENCE**

**Project Team Member – 25 units**
This unit requires you to have completed:
- A minimum of 25 hours spent planning and hosting a departmental conference.
- Complete and submit a project log of activities and hours completed throughout the year (AU/SP term)

**Project Manager – 50 units**
This unit requires you to have completed:
- A minimum of 50 hours spent planning and hosting a departmental conference.
- Complete and submit a project log of activities and hours completed throughout the year (AU/SP term)

**INTERNATIONAL STUDENTS ASSOCIATION**

**International Students Association (ISA) Volunteering – 25 Units**
This unit requires you to have completed:
- Students must have completed a minimum of 25 hours of volunteering through the ISA

**International Students Association (ISA) Volunteering – 50 Units**
This unit requires you to have completed:
- Students must have completed a minimum of 50 hours of volunteering through the ISA

**I-TEAMS**

**i-Teams – 25 Units**
This unit requires you to have completed the following:
- A minimum of 25 hours made up of 18 hours of session time (3 hours per week over 6 weeks).
- Meetings outside of session times each week to develop the project.

**JUST PLAY**

**Just Play Coach – 25 units**
This unit requires you to have completed:
- Training
- At least 25 hours over one academic year

**Just Play Liaison Officer – 25 units**
This unit requires you to have completed:
- Training
- At least 25 hours over one academic year

**LANGUAGES FOR ALL**

**Languages for All Express – 50 units**
This unit requires you to have completed:
- 70% overall class attendance
- All three assessments
- An overall mark of 60% or more

**Languages for All Online Portfolio – 50 units**
This unit requires you to have completed:
- A minimum of 15 hours of online lessons
- Both assessments
- An overall mark of 60% or more

**MENTORING FOR LANGUAGE SKILLS**

**Mentoring for Language Skills – 25 units**
This unit requires you to have completed:
- A minimum of 25 hours in this activity
**Nightline Exec** – 50 units
This unit requires you to have completed:
- Induction training
- Volunteer for at least 3 shifts per term
- 3 of the weekly training sessions per term

**Nightline Volunteer** – 50 units
This unit requires you to have completed:
- Induction training
- Volunteer for at least 5 shifts per term
- 3 of the weekly training sessions per term

**Night Ninja** – 50 units
This unit requires you to have completed:
- A minimum of 2 shifts per term in one academic year
- One additional training session and one group meeting

**Night Ninja +** – 50 units
This unit requires you to have completed:
- Initial training
- A minimum of 5 shifts per term in one academic year
- Two additional training sessions and two group meetings

**Nightline Volunteer** – 25 units
This unit requires you to have completed:
- Compulsory Peer Mentor Training (face-to-face and online)
- At least 20 hours of mentoring activities over one academic year (including supporting departmental Welcome events, regularly contacting mentees by email and meeting mentees face-to-face, undertaking further training)

**Part-time work** – 25 units
This unit requires you to have completed:
- A minimum of 25 hours of paid part-time work on or off campus

**Nightline Volunteer** – 25 units
This unit requires you to have completed:
- Competency Peer Mentor Training (face-to-face and online)
- At least 20 hours of mentoring activities over one academic year (including supporting departmental Welcome events, regularly contacting mentees by email and meeting mentees face-to-face, undertaking further training)

**Night Ninja – 25 units**
This unit requires you to have completed:
- Initial training
- A minimum of 2 shifts per term in one academic year
- One additional training session and one group meeting

**Nightline Volunteer – 50 units**
This unit requires you to have completed:
- Induction training
- Volunteer for at least 5 shifts per term
- 3 of the weekly training sessions per term

**Peer Mentor** – 25 units
This unit requires you to have completed:
- Compulsory Peer Mentor Training (face-to-face and online)
- At least 20 hours of mentoring activities over one academic year (including supporting departmental Welcome events, regularly contacting mentees by email and meeting mentees face-to-face, undertaking further training)

**Senior Peer Mentor (Law)** – 50 units
This unit requires you to have completed:
- Safeguarding and Equality and Diversity training
- Two days of Senior Peer Mentor training and preparation
- A training session run by Student Support and the Students’ Union
- The delivery of an interactive session during the pre-arrival Housewarming
- An interactive session, attend welcome lunch, help coordinate the ‘Meet Your Mentor’ session
- Three mentoring drop-in/interactive sessions per term

**Part-time work – 50 units**
This unit requires you to have completed:
- A minimum of 50 hours of paid part-time work on or off campus

**Peer Mentor (returning)** – 25 units
This unit requires you to have completed:
- Compulsory Peer Mentor Training (face-to-face and online)
- At least 20 hours of mentoring activities over one academic year (including supporting departmental Welcome events, regularly contacting mentees by email and meeting mentees face-to-face, undertaking further training)

**RES – 50 units**
This unit requires you to have completed:
- One term of RES (a minimum of 25 hours of research volunteering)

**Peer Mentor** – 25 units
This unit requires you to have completed:
- Compulsory Peer Mentor Training (face-to-face and online)
- At least 20 hours of mentoring activities over one academic year (including supporting departmental Welcome events, regularly contacting mentees by email and meeting mentees face-to-face, undertaking further training)

**PGT Employability Conference** – 50 units
This unit requires you to have completed:
- Plan and host a departmental careers conference
- Create a moodle course with supporting material for the conference
- Submit a project log of activities and hours completed throughout the year
- Plan and host a post-conference workshop

**PGT Employability Conference** – 50 units
This unit requires you to have completed:
- Plan and host a departmental careers conference
- Create a moodle course with supporting material for the conference
- Submit a project log of activities and hours completed throughout the year
- Plan and host a post-conference workshop

**Psychotherapy Research Experience Scheme**

**PSYCHOLOGY RESEARCH EXPERIENCE SCHEME**

**PSYCHOLOGY RESEARCH EXPERIENCE SCHEME**

**RES – 50 units**
This unit requires you to have completed:
- Two terms of RES (a minimum of 50 hours of research volunteering)

**Residence Life – Community Assistant** – 50 units
This unit requires you to have:
- Completed Moodle and September training
- Planned and implemented at least seven programmes over the year
- Participated in the recruitment of new Residents’ Assistants
- Participated in the recruitment of new Residents’ Assistants

**Participated in at least one Residence Life large-scale event**
- Attended at least three of the Residence Life ongoing trainings
- Created a themed noticeboard in your accommodation area
- Participated in the recruitment of new Residents’ Assistants

**Residence Life – Residents’ Assistant** – 50 units
This unit requires you to have:
- Completed Moodle and September training
- Been Mental Health First Aid certified
- Participated at least two of the Residence Life large-scale events
- Attended at least two of the Residence Life ongoing trainings
- Facilitated a professional/personal development activity with your RA group
- Participated in the recruitment of new Residents’ Assistants

**Rebel Committee** – 50 units
This unit requires you to have completed:
- A minimum of 25 hours of this activity in one academic year

**Rebel Member** – 25 units
This unit requires you to have completed:
- A minimum of 25 hours of this activity in one academic year

**Residence Life – Community Assistant** – 50 units
This unit requires you to have:
- Completed Moodle and September training
- Planned and implemented at least seven programmes over the year
- Participated in the recruitment of new Residents’ Assistants
- Participated in the recruitment of new Residents’ Assistants

**Residence Life – Residents’ Assistant** – 50 units
This unit requires you to have:
- Completed Moodle and September training
- Been Mental Health First Aid certified
- Participated at least two of the Residence Life large-scale events
- Attended at least two of the Residence Life ongoing trainings
- Facilitated a professional/personal development activity with your RA group
- Participated in the recruitment of new Residents’ Assistants
**RISING STARS**

**Rising Stars – 25 units**
This unit requires you to have completed:
- A minimum of 50 hours spent in professional development workshops delivered by employers, accessing a unique range of experiences from graduate recruiters and working with a mentor to achieve your career aims and aspirations.

**Rising Stars – 50 units**
This unit requires you to have completed:
- A minimum of 50 hours spent in professional development workshops delivered by employers, accessing a unique range of experiences from graduate recruiters and working with a mentor to achieve your career aims and aspirations.

**STUDENT AMBASSADOR**

**Student Ambassador – 25 units**
This unit requires you to have completed:
- Interview and training
- A minimum of 20 hours of Student Ambassador work

**Student Ambassador – 50 units**
This unit requires you to have completed:
- Interview and training
- A minimum of 45 hours of Student Ambassador work
- Work from at least two different CER teams (Outreach and Student Recruitment)

**Senior Student Ambassador – 50 units**
This unit requires you to have completed:
- Interview and training
- At least one further Senior Student Ambassador development session
- 40 hours of work - 20 to come from Senior Student Ambassador duties

**SOCIOLOGY RESOURCE CENTRE**

**Sociology Resource Centre – 25 units**
This unit requires you to have completed:
- Spend a minimum of 25 hours helping with specific time-limited tasks.
- Assist with any tasks that support the Resource Centre in offering informal advice and support.

**ST JOHN AMBULANCE**

**First Aider/Trainee First Aider – 25 units**
This unit requires you to have completed:
- Complete paperwork and attend induction
- Volunteer for at least 5 shifts per term
- Attend a First aider course and/or role assessment
- Attend at least 6 of the weekly training session per term

**Training and/or Fundraising Volunteer – 50 units**
This unit requires you to have completed:
- Complete a minimum of 25 hours volunteering
- Attend at least 6 of the weekly training session per term

**SPORT AND EXERCISE SCIENCE PLACEMENT**

**Sport and Exercise Science Placement – 25 units**
This unit requires you to have completed:
- A minimum of 25 hours of activity

(please note you can only take part in this unit if you are a Sport Science student).

**STUDENT CONDUCT PANEL**

**Student Conduct Panel – 25 units**
This unit requires you to have completed:
- Training and observation.
- Four committee meetings over three years.

**SU ACTIVITIES SOUTHEND**

**SU Activities Southend – 25 units**
This unit requires you to have completed:
- Complete 25 hours of activities listed on CareerHub

**SU Activities Southend – 50 units**
This unit requires you to have completed:
- Complete 50 hours of activities listed on CareerHub

**SU EXEC ROLES**

**SU Sports Execs – 25 units**
This unit requires you to have completed:
- Compulsory initial training
- A minimum of 12 hours a term (committee meetings, general meetings, coaching sessions)

**SU Society Execs – 25 units**
This unit requires you to have completed:
- Compulsory initial training
- A minimum of 12 hours a term (committee meetings, general meetings, coaching sessions)

**SU LEARNING & SKILLS**

**SU Learn Commercial Awareness Programme – 25 units**
Unit Criteria:
- All 4 SU Commercial Awareness sessions (Strategy, Customers & Competitors, Performance & Business Development)
- All Self-directed Learning activities required for each individual session (numerous options available)

**SU Learn Personal Development Suite – 25 units**
Unit Criteria:
- A minimum of 18 hours total of Learning and Skills sessions
- The 18 hours must consist of a min. 6 hours’ worth of sessions from each of the 3 sections (Professional Skills, People Skills & Media and Technology skills)
- Students can choose any combination of sessions within the sections to receive their 6 hours
- Students must also complete all Self-directed Learning activities required for each individual session (numerous options available)

**THE BIG ESSEX AWARD**

**SU Society Exec (Essential role) – 50 units**
This unit requires you to have completed:
- A minimum of 50 hours of this activity in one academic year
- Attend compulsory training.

**Essex Blades Committee – 25 units**
This unit requires you to have completed:
- A minimum of 25 hours of this activity in one academic year

**Soc Guild Committee – 50 units**
This unit requires you to have completed:
- A minimum of 50 hours of this activity in one academic year
- Regular attendance to committee meetings.
TEACHING TALENT DEVELOPMENT PIPELINE

Teaching Talent Development Pipeline (Science and Health) – 50 units
This unit requires you to have completed:
- 50 hours classroom experience
- An ‘Insight into Teaching’ event
- 3 professional development workshops
- A reflective learning log to track and monitor personal development
- A teaching resource to be used in the classroom

(Please note you can only take part in this unit if you are a Science and Health student).

THINK

THINK – 25 units
This unit requires you to have completed:
- Attend a total of 7 debates throughout your time at Essex
- Attend a total of 6 seminars throughout your time at Essex

TRANSLATION CHALLENGE

Translation Challenge – 25 units
Unit Criteria:
- Successful completion of the Translation Challenge.

UROP

UROP – 50 units
This unit requires you to have completed:
- Complete placement with a minimum of 100 hours
- Complete poster
- Attend 3 online training sessions

VISIT DAY AMBASSADOR

Visit Day Ambassador – 25 units
This unit requires you to have completed:
- Compulsory training
- A minimum of three shifts in one academic year

VTEAM

vTeam – 25 units
This unit requires you to have completed:
- At least 25 hours of volunteering (within a one-off, regular project or a volunteering placement with a charity)

vTeam – 50 units
This unit requires you to have completed:
- At least 50 hours of volunteering (within a one-off, regular project or a volunteering placement with a charity)

vTeam Communications Officer – 50 units
This unit requires you to have completed:
- At least 50 hours volunteering (within a one-off, regular project or a volunteering placement with a charity)
- Session leader training

vTeam Session Leader – 50 units
This unit requires you to have completed:
- At least 50 hours volunteering (within a one-off, regular project or a volunteering placement with a charity)
- Session leader training

vTeam Project Leader – 50 units
This unit requires you to have completed:
- At least 50 hours volunteering (within a one-off, regular project or a volunteering placement with a charity)
- Project Leader training
- Volunteer training
- An employability skills session.

WORK PLACEMENT

Work Placement – 25 units
This unit requires you to have completed:
- Students will find their own work placement (outside of their course) and will work for a minimum of 25 hours in this placement.

Work Placement – 50 units
This unit requires you to have completed:
- Students will find their own work placement (outside of their course) and will work for a minimum of 50 hours in this placement.
Celebration event

So what next? Once you have completed an award level you will be invited to our annual Big Essex Award celebration event where we will look back on all you have achieved over the past year.

The HEAR

Everything you complete through the Big Essex Award will be formally recognised by the University of Essex and included on your Higher Education Achievement Report (HEAR); your secure digital transcript with a live record of all your academic and extracurricular achievements.

Remember to activate your HEAR when you receive your HEAR activation email shortly after registration!

Use your HEAR as you go through your time at Essex to keep track of your achievements, both academic and extracurricular. You’ll have unlimited online access to your HEAR for life so you can share your HEAR securely with employers as a certified record of your University experience.

Sounds great doesn’t it? Just another reason to sign up for the Big Essex Award.

E hear@essex.ac.uk

www.essex.ac.uk/see/hear
GET IN TOUCH...

If you would like to find out more here’s how to get in touch with the Big Essex Award team:

T 01206 872494
E bige@essex.ac.uk

Or just come and see us at the Employability and Careers Centre on Square 2.