YOUR EMPLOYABILITY JOURNEY
FROM REGISTRATION TO GRADUATION YOUR ESSEX EXPERIENCE AND JOURNEY WILL BE UNIQUE. YOU WILL LEARN EMPLOYABILITY SKILLS WHERE YOU LEAST EXPECT TO. START YOUR JOURNEY ANYWHERE BUT HERE’S A ROUGH GUIDE:

PRE-ARRIVAL
- Log into CareerHub+
- Take a Career Assessment
- Follow Employability and Careers

YEAR 1
- Start The Big Essex Award to get employability on your HEAR
- Find part-time work on CareerHub+ or at Job Market
- Tell us about your aspirations
- Register with the SU vTeam
- Attend a CV workshop
- Take part in employability activities within your course
- Meet your Faculty Employability Team

YEAR 2
- SUMMER
  - Volunteer/work experience/summer internship
  - Apply for frontrunners or UROP
  - Create a CV
  - Attend Careers Fair
  - Consider Essex Abroad options
  - Research your placement year
  - Join the Essex Career Mentoring scheme
  - Update your CV
  - Complete skills assessments on CareerHub+
  - Meet employers and attend Careers Fairs
  - Join Essex Interns
  - Consider self-employment ideas with Essex Startups
  - Gain relevant work experience or internship

FINAL YEAR
- Secure graduate job or postgraduate study
- Complete employability activities within your course
- Consider self-employment

GRADUATION
- Enjoy the benefits of Essex Alumni
- Network with continued access to Employability and Careers
- Become a mentor

CHALLENGE THE WORLD

EMPLOYABILITY AND CAREERS
University of Essex
YOUR EMPLOYABILITY JOURNEY

FINDING YOUR DREAM JOB SHOULDN'T HAVE TO BE HARD WORK. ESSEX EMPLOYABILITY AND CAREERS HAVE EVERYTHING YOU NEED TO TRANSFORM YOU FROM STUDENT TO SPECTACULAR. WHETHER YOU’RE THE NEXT MARK ZUCKERBERG OR A RESEARCH TRAILBLAZER, THE EMPLOYABILITY AND CAREERS CENTRE IS JUST YOUR JOURNEY’S START-LINE.
THE SERVICE WILL HELP YOU THROUGH EVERY STAGE OF YOUR EMPLOYABILITY JOURNEY OVERLEAF.

CAREERHUB+
The online hub for everything Employability and Careers at Essex. Find jobs, take career assessments and book onto Employability events. Find us on MyEssex.

BIG ESSEX AWARD
Join the 3000+ Essex students who have completed the Big Essex Award and get University recognition and accreditation on your HEAR for your extracurricular activities both on and off campus. The Big Essex Award helps you identify your skills and sell your experience on your CV. Sign up on CareerHub+.

CAREER MENTORING
Change your life with mentors from local businesses and Essex Alumni. Create career goals and sign up to fast-track your success.

ESSEX INTERNS
Helping you find paid internships: part time while you study, full time during vacations or even as a first step after you graduate. Sign up on CareerHub+.

ESSEX STARTUPS
Brave enough to be your own boss? Whether you’ve already got your own business idea or you just really want to work for yourself, the Essex Startups programme can help make your idea your reality.

THE START-UP HUB
Ready to take your business idea to the next level? Come to the Start-up Hub for your own office space, business mentoring and access to finance schemes

CAREERS ADVISERS
Meet our team of specialist Careers Advisers and Employability Officers who are based within your faculty to give you the best support, advice and guidance on your career ideas.

CAREERS FAIRS AND JOB MARKETS
Make sure you attend our annual Careers Fair in the Autumn term where you can meet plenty of Top 100 employers or drop by to the Autumn and Spring Job Markets to find part-time work while you study.

EMPLOYABILITY EVENTS AND WORKSHOPS
Join one of our free Employability events and workshops to help you upskill, write a CV, prepare for assessment centres and meet employers. Book on to all events and workshops on CareerHub+.

ONE-TO-ONE SUPPORT
Are you mid-way through a job or Masters application and drawing a blank? Have you got an interview you just don’t know how to prepare for? Or do you just don’t know where to start? We’ve got one-to-one appointments to help you out.

FRONTRUNNERS AND UROP
Frontrunners is our unique on-campus placement scheme for students. Take on challenging opportunities and develop the skills you need to compete for the best jobs. You’ll even get on-the-job training and we’ll pay you, too. Or apply for a placement with Essex’s Undergraduate Research Opportunities Scheme (UROP) to help you become a trainee researcher and join Essex’s academic community.

PLACEMENTS
Work a real job for a year as part of your degree. Gain experience and develop professional skills so that your CV stands out. Work with our placements teams to find your placement and help you convert your degree to include your placement year.

EMPLOYABILITY AND CAREERS
Square 2 Colchester
The Info Point (The Forum), Southend

▶️ www.essex.ac.uk/see/careerhub
📧 careers@essex.ac.uk
📲 /EmployabilityandCareersEssex
้ว @UoE_Careers
☑️ @essex_ecc

BLOG: employabilityandcareersattheuniversityofessex.wordpress.com